

Greater Miami Catering *Snack*



FLIPANY Summer Foods August 2017

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
**Fresh fruit includes, but is not limited to: strawberries, oranges, kiwi, apples, peaches, plums, nectarines, pineapple, watermelon, melon, grapes, bananas, etc.	1 Fresh seasonal fruit Cheese snack crackers	2 100% orange juice Animal crackers	3 1% Milk Oat muffin	4 Unsweetened apple sauce Goldfish crackers
7 Fruit cup in 100% juice Cheese snack crackers	8 1% Milk Cereal	9 Whole fresh fruit Cinnamon goldfish	10 Pretzel stick Nonfat yogurt	11 Fruit cup in 100% juice Goldfish crackers
14 Fruit cup in 100% juice Whole grain Cheerios cereal	15 Fresh seasonal fruit Graham crackers	16 Soft pretzel Cheese dip	17 100% orange juice Corn muffin	18 Fruit cup in 100% juice Oatmeal cookie
21 Back to School	22	23	24	25
28	29	30	31	

