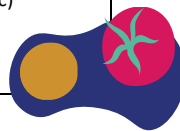
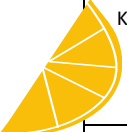


Auntie Rose's
AFTERSCHOOL MEALS SUPPER
MARCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	Serving Utensils: 3oz – ivory handle 4oz (1/2c) – green handle 6oz (3/4c) – purple handle 8oz (1c) – blue handle			1 - *USDA Shepherd Pie 2" x 3 3/4" serving with Ground Beef (2oz) Mashed Potatoes in recipe (1/2c) Peas & Carrots (1/4c) WGR Roll (1) Margarine (1) Milk (8oz)
4-Chicken Patty (3oz) Oven Potato Wedges (1/2c) Lettuce x 2 Leaf & Tomato x 2 Slice WGR Bun (1) Ketchup/Mustard (1) Milk (8oz)	5 – Turkey-Ham (2oz) & Cheese (.5oz) WGR Bread (2) Celery Sticks (1/2c) Ranch Dip(1) Apple Sauce Cup (1/2c) Mayonnaise (1) Milk (8oz)	6 - *USDA Sloppy Joe Turkey (3oz) WGR Bun (1) Seasoned Black Bean (1/2c) Corn (1/4c) Milk (8oz)	7– Turkey (3oz) & Cheese (.5oz) WGR Bun (1) Carrots (1/2c) Ranch Dip (1) Fresh Fruit (1 piece) Mayonnaise (1) Milk (8oz)	8- *USDA Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and WGR Pasta (1c) serving Mixed Green Salad with shredded carrots (1c) Salad Dressing (1) Green Beans (1/4c) Milk (8oz)
11-Chicken Patty (3oz) Oven Potato Wedges (1/2c) Lettuce x 2 Leaf & Tomato x 2 Slice WGR Bun (1) Ketchup/Mustard (1) Milk (8oz)	12 – Turkey-Ham (2oz) & Cheese (.5oz) WGR Bread (2) Carrots (1/2c) Ranch Dip(1) Apple Sauce Cup (1/2c) Mayonnaise (1) Milk (8oz)	13 - *USDA Sloppy Joe Turkey (3oz) WGR Bun (1) Seasoned Black Bean (1/2c) Corn (1/4c) Milk (8oz)	14– Turkey (3oz) & Cheese (.5oz) WGR Bun (1) Celery Sticks (1/2c) Ranch Dip (1) Fresh Fruit (1 piece) Mayonnaise (1) Milk (8oz)	15- *USDA Beefaroni Ground Beef with Tomato Sauce And WGR Pasta (3/4c) serving Carrots (1/2c) Peas (1/4c) Milk (8oz)
18 – Turkey Meatballs (4) in Gravy Steamed Green Beans (1/2c) Applesauce Cup (1/2c) WGR Rice (1/2c) Milk (8oz)	19 – Beef Bologna (2oz) & Cheese (.5oz) WGR Bread (2) Sliced Cucumbers (1/2c) Ranch Dip (1) Fresh Fruit (1 piece) Mayonnaise (1) Milk (8oz)	20 - *BBQ Chicken Drumstick (2oz) Seasoned Black Beans (1/2c) Corn (1/4c) WGR Rice (1/2c) Milk (8oz)	21 – Turkey-(2oz) & Cheese (.5oz) WGR Bun (1) Carrots (1/2c) Ranch Dip (1) Fresh Fruit (1 piece) Mayonnaise (1) Milk (8oz)	22 - *USDA Shepherd Pie 2" x 3 3/4" serving with Ground Beef (2oz) Mashed Potatoes in recipe (1/2c) Peas & Carrots (1/4c) WGR Roll (1) Margarine (1) Milk (8oz)
25-Chicken Patty (3oz) Oven Potato Wedges (1/2c) Lettuce x 2 Leaf & Tomato x 2 Slice WGR Bun (1) Ketchup/Mustard (1) Milk (8oz)	26 – Turkey-Ham (2oz) & Cheese (.5oz) WGR Bread (2) Celery Sticks (1/2c) Ranch Dip(1) Apple Sauce Cup (1/2c) Mayonnaise (1) Milk (8oz)	27 - *USDA Sloppy Joe Turkey (3oz) WGR Bun (1) Seasoned Black Bean (1/2c) Corn (1/4c) Milk (8oz)	28– Turkey (3oz) & Cheese (.5oz) WGR Bun (1) Carrots (1/2c) Ranch Dip (1) Fresh Fruit (1 piece) Mayonnaise (1) Milk (8oz)	29- *USDA Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and WGR Pasta (1c) serving Mixed Green Salad with shredded carrots (1c) Salad Dressing (1) Green Beans (1/4c) Milk (8oz)



Auntie Rose's
AFTERSCHOOL MEALS SNACK
MARCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	IW = Individually Wrapped			1 Muffin (2oz) 100% Fruit Juice (6oz)
4 IW WGR Savory Crackers (1oz) 100% Fruit Juice (6oz)	5 IW Cheese Stick (1oz) Apple (1 ea = 3/4c-1c)	6 IW WGR Animal Crackers(1oz) Yogurt (4oz)	7 IW Muffin (2oz) 100% Fruit Juice (6oz)	8 IW WGR Graham Crackers (1oz) <i>Plain or honey</i> 100% Fruit Juice (6oz)
11 IW WGR Savory Crackers (1oz) 100% Fruit Juice (6oz)	12 IW Cheese Stick (1oz) Apple (1 ea = 3/4c-1c)	13 IW WGR Animal Crackers(1oz) Yogurt (4oz)	14 IW Muffin (2oz) 100% Fruit Juice (6oz)	15 IW WGR Graham Crackers (1oz) <i>Plain or honey</i> 100% Fruit Juice (6oz)
18 IW WGR Savory Crackers (1oz) 100% Fruit Juice (6oz)	19 IW Cheese Stick (1oz) WGR Animal Crackers (1oz)	20 Apple (1 ea = 3/4c-1c) IW WGR Cheese Crackers (1oz)	21 IW WGR Pretzels (1oz) Yogurt (4oz)	22 Muffin (2oz) 100% Fruit Juice (6oz)
25 IW WGR Savory Crackers (1oz) 100% Fruit Juice (6oz)	26 IW Cheese Stick (1oz) Apple (1 ea = 3/4c-1c)	27 IW WGR Animal Crackers(1oz) Yogurt (4oz)	28 IW Muffin (2oz) 100% Fruit Juice (6oz)	29 IW WGR Graham Crackers (1oz) <i>Plain or honey</i> 100% Fruit Juice (6oz)

