

Auntie Rose's SUMMER MEALS LUNCH JULY-AUGUST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>*USDA Sloppy Joe (3oz) WW/Enriched Bun (1) Oven Baked Potato Wedges (1/2c) Steamed Green Beans (1/4c) Milk (8oz)</p>	<p>2</p> <p>*Macaroni & Cheese (3/4c) Applesauce (1/2c) Steamed Peas (1/4c) Milk (8oz)</p>	<p>3</p> <p>*USDA Shepherd Pie 2" x 3 3/4" serving with Ground Beef WW/Enriched Soft Roll (1) Margarine or Butter (1) Mashed Potatoes in entrée (1/2c) Steamed Carrots (1/4c) Milk (8oz)</p>	<p>4</p> <p>CLOSED THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES</p>	<p>5</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>
<p>8</p> <p>Hot Dog (2oz) WW/Enriched Bun (1) Ketchup & Mustard (1) Oven Baked Potato Wedges (1/2c) Steamed Green Beans (1/4c) Milk (8oz)</p>	<p>9</p> <p>*USDA Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce And WGR Pasta (1c) Applesauce (1/2c) Steamed Peas (1/4c) Milk (8oz)</p>	<p>10</p> <p>Sloppy Joe Ground Beef or Turkey (3oz) WW/Enriched Bun (1) Mashed Potato (1/2c) Steamed Carrots (1/4c) Milk (8oz)</p>	<p>11</p> <p>*USDA Ham and/or Smoked Sausage in entrée with red beans (1c) Seasoned Rice (1/2c) Steamed Corn (1/4c) Milk (8oz)</p>	<p>12</p> <p>Sliced Bologna (1.5oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>
<p>15</p> <p>Hot Dog (2oz) WW/Enriched Bun (1) Ketchup & Mustard (1) Oven Baked Potato Wedges (1/2c) Steamed Green Beans (1/4c) Milk (8oz)</p>	<p>16</p> <p>*USDA Beefaroni Ground Beef, Tomato Sauce, Pasta (3/4c) Applesauce (1/2c) Steamed Peas (1/4c) Milk (8oz)</p>	<p>17</p> <p>*Meatballs in Gravy (4) WW/Enriched Soft Roll (1) Margarine or Butter (1) Mashed Potato (1/2c) Steamed Carrots (1/4c) Milk (8oz)</p>	<p>18</p> <p>BBQ Chicken Drumstick (1x4oz) Seasoned Rice (1/2c) with Black Beans in Rice (1/2c) = 1c serving Steamed Corn (1/4c) Milk (8oz)</p>	<p>19</p> <p>Sliced Ham (1.83oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>
<p>22</p> <p>*USDA Sloppy Joe (3oz) WW/Enriched Bun (1) Oven Baked Potato Wedges (1/2c) Steamed Green Beans (1/4c) Milk (8oz)</p>	<p>23</p> <p>*Macaroni & Cheese (3/4c) Applesauce (1/2c) Steamed Peas (1/4c) Milk (8oz)</p>	<p>24</p> <p>*USDA Shepherd Pie 2" x 3 3/4" serving with Ground Beef WW/Enriched Soft Roll (1) Margarine or Butter (1) Mashed Potatoes in entrée (1/2c) Steamed Carrots (1/4c) Milk (8oz)</p>	<p>25</p> <p>*USDA Ham and/or Smoked Sausage in entrée with red beans (1c) Seasoned Rice (1/2c) Steamed Corn (1/4c) Milk (8oz)</p>	<p>26</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>
<p>29</p> <p>Hot Dog (2oz) WW/Enriched Bun (1) Ketchup & Mustard (1) Oven Baked Potato Wedges (1/2c) Steamed Green Beans (1/4c) Milk (8oz)</p>	<p>30</p> <p>*USDA Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce And WGR Pasta (1c) Applesauce (1/2c) Steamed Peas (1/4c) Milk (8oz)</p>	<p>31</p> <p>Sloppy Joe Ground Beef or Turkey (3oz) WW/Enriched Bun (1) Mashed Potato (1/2c) Steamed Carrots (1/4c) Milk (8oz)</p>	<p>AUGUST 1</p> <p>*USDA Ham and/or Smoked Sausage in entrée with red beans (1c) Seasoned Rice (1/2c) Steamed Corn (1/4c) Milk (8oz)</p>	<p>AUGUST 2</p> <p>Sliced Bologna (1.5oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>



Auntie Rose's
SUMMER MEALS COLD LUNCH
JULY-AUGUST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">1</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">2</p> <p>Sliced Bologna (1.5oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">3</p> <p>Sliced Ham (1.83oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">4</p> <p>CLOSED THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES</p>	<p style="text-align: center;">5</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>
<p style="text-align: center;">8</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">9</p> <p>Sliced Bologna (1.5oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">10</p> <p>Sliced Ham (1.83oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">11</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">12</p> <p>Sliced Bologna (1.5oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>
<p style="text-align: center;">15</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">16</p> <p>Sliced Bologna (1.5oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">17</p> <p>Sliced Ham (1.83oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">18</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">19</p> <p>Sliced Ham (1.83oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>
<p style="text-align: center;">22</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">23</p> <p>Sliced Bologna (1.5oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">24</p> <p>Sliced Ham (1.83oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">25</p> <p>Sliced Bologna (1.5oz) & Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">26</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>
<p style="text-align: center;">29</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">30</p> <p>Sliced Bologna (1.5oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">31</p> <p>Sliced Ham (1.83oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">August 1</p> <p>Sliced Turkey (2.2oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>	<p style="text-align: center;">August 2</p> <p>Sliced Bologna (1.5oz) and Cheese Slice (1) WW/Enriched Bun or Bread (1) Mayonnaise or Mustard (1) Fresh Fruit (1) or Fruit Cup in Juice (4oz) Carrots or Celery (1/4c) Milk (8oz)</p>





Auntie Rose's
SUMMER MEALS SNACK
JULY-AUGUST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	2 IW Muffin (2oz) 100% Juice (6oz)	3 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)	4 CLOSED THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	5 IW Graham or Animal Crackers (1oz) Vanilla or Fruit Yogurt Cup (4oz)
8 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	9 IW Muffin (2oz) 100% Juice (6oz)	10 IW Cookie (no nuts) (1oz) Vanilla or Fruit Yogurt Cup (4oz)	11 IW Graham or Animal Crackers (1oz) 100% Juice (6oz)	12 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)
15 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	16 IW Muffin (2oz) 100% Juice (6oz)	17 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)	18 IW Graham or Animal Crackers (1oz) 100% Juice (6oz)	19 IW Goldfish Crackers (.8oz) Vanilla or Fruit Yogurt Cup (4oz)
22 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	23 IW Muffin (2oz) 100% Juice (6oz)	24 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)	25 IW Goldfish Crackers (.8oz) 100% Juice (6oz)	26 IW Graham or Animal Crackers (1oz) Vanilla or Fruit Yogurt Cup (4oz)
29 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	30 IW Muffin (2oz) 100% Juice (6oz)	31 IW Cookie (no nuts) (1oz) Vanilla or Fruit Yogurt Cup (4oz)	August 1 IW Graham or Animal Crackers (1oz) 100% Juice (6oz)	August 2 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)

Auntie Rose's
SUMMER MEALS BREAKFAST
JULY-AUGUST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">1</p> <p>IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz</p>	<p style="text-align: center;">2</p> <p>IW Muffin (2oz) Whole Orange or Banana (1 piece) Milk 8oz</p>	<p style="text-align: center;">3</p> <p>IW Cereal Bowl (1oz) Whole Apple (1) or Apple Slices pkg (2oz) Milk 8oz</p>	<p style="text-align: center;">4</p> <p style="text-align: center;">CLOSED</p> <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES</p>	<p style="text-align: center;">5</p> <p>IW Fruit Grain Bar (2x1.3oz) Whole Orange or Banana (1 piece) Milk 8oz</p>
<p style="text-align: center;">8</p> <p>IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz</p> 	<p style="text-align: center;">9</p> <p>IW Muffin (2oz) Whole Orange or Banana (1 piece) Milk 8oz</p>	<p style="text-align: center;">10</p> <p>IW Cereal Bowl (1oz) Whole Apple (1) or Apple Slices pkg (2oz) Milk 8oz</p>	<p style="text-align: center;">11</p> <p>IW Cereal Bowl (1oz) Fruit Cup in juice (4oz) Milk 8oz</p>	<p style="text-align: center;">12</p> <p>IW Fruit Grain Bar (2x1.3oz) Whole Orange or Banana (1 piece) Milk 8oz</p>
<p style="text-align: center;">15</p> <p>IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz</p>	<p style="text-align: center;">16</p> <p>IW Muffin (2oz) Whole Orange or Banana (1 piece) Milk 8oz</p>	<p style="text-align: center;">17</p> <p>IW Cereal Bowl (1oz) Whole Apple (1) or Apple Slices pkg (2oz) Milk 8oz</p>	<p style="text-align: center;">18</p> <p>IW Cereal Bowl (1oz) Fruit Cup in juice (4oz) Milk 8oz</p>	<p style="text-align: center;">19</p> <p>IW Bagel (1oz) Whole Orange or Banana (1 piece) Fruit Spread (1) Milk 8oz</p>
<p style="text-align: center;">22</p> <p>IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz</p>	<p style="text-align: center;">23</p> <p>IW Muffin (2oz) Whole Orange or Banana (1 piece) Milk 8oz</p>	<p style="text-align: center;">24</p> <p>IW Cereal Bowl (1oz) Whole Apple (1) or Apple Slices pkg (2oz) Milk 8oz</p>	<p style="text-align: center;">25</p> <p>IW Cereal Bowl (1oz) Fruit Cup in juice (4oz) Milk 8oz</p>	<p style="text-align: center;">26</p> <p>IW Fruit Grain Bar (2x1.3oz) Whole Orange or Banana (1 piece) Milk 8oz</p>
<p style="text-align: center;">29</p> <p>IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz</p> 	<p style="text-align: center;">30</p> <p>IW Muffin (2oz) Whole Orange or Banana (1 piece) Milk 8oz</p>	<p style="text-align: center;">31</p> <p>IW Cereal Bowl (1oz) Whole Apple (1) or Apple Slices pkg (2oz) Milk 8oz</p>	<p style="text-align: center;">August 1</p> <p>IW Cereal Bowl (1oz) Fruit Cup in juice (4oz) Milk 8oz</p>	<p style="text-align: center;">August 2</p> <p>IW Fruit Grain Bar (2x1.3oz) Whole Orange or Banana (1 piece) Milk 8oz</p> 