

**EZ Meals**  
**AFTERSCHOOL MEALS HOT SUPPER**  
**MAY MENU**

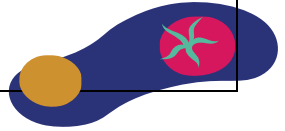
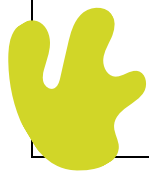


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES		1-*Hamburger (3oz) Ketchup/Mustard (1) Lettuce Tomato Salad (1c) Fruit Cocktail (1/4) WGR Bun (1) Milk (8oz)	2-*Pasta with Meat Sauce (3/4c) Baby Carrots(1/2c) Peaches (1/4c) WGR Bread or Roll (1) Milk (8oz)	3-Turkey & Cheese (3oz) Mayonnaise & Mustard (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
6-Meat Lasagna (3/4c) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Pasta in Entree (1/2c) Milk (8oz)	7-*Chicken Nuggets (6) Mixed Vegetables (1/2c) Fruit Cocktail (1/4c) *WGR Macaroni & Cheese (1/2c) Milk (8oz)	8-*Glazed Meatballs (6) Peas (1/2c) Pineapple (1/4c) WGR Rice (1/2c) Milk (8oz)	9-*Chicken Patty (3oz) Mayonnaise (1) *Coleslaw (1/2c) Mandarins (1/4c) WGR Bun (1) Milk (8oz)	10-Ham & Cheese (3oz) Mayonnaise & Mustard (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
13-*Chicken Nuggets (6) Green Beans (1/2c) Fruit Cocktail (1/4c) WGR Rice (1/2c) Milk (8oz)	14-Roast Chicken (2oz) Black Beans (1/2c) Pineapple (1/4c) WGR Rice (1/2c) Milk (8oz)	15-*Chicken Patty (3oz) Mayonnaise (1) Corn (1/2c) Peaches (1) WGR Bun (1) Milk (8oz)	16-*Pasta with Meat Sauce (3/4c) Mixed Vegetables (1/2c) Pears (1/4c) WGR Bread or Roll (1) Milk (8oz)	17-Turkey & Cheese (3oz) Mayonnaise & Mustard (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
20-*Cheeseburger (3oz) Ketchup/Mustard (1) Roasted Potatoes (1/2c) Fresh Whole Fruit (1) WGR Bun (1) Milk (8oz)	21-*Chicken Nuggets (6) Mixed Vegetables (1/2c) Fruit Cocktail (1/4c) *WGR Macaroni & Cheese (1/2c) Milk (8oz)	22-Taco Seasoned Beef (2oz) Lettuce & Tomato (1/4c) Corn (1/4c) in rice (1/2c) Mandarins (1/4c) WGR Tortilla (1) Milk (8oz)	23-*Chicken Alfredo (3/4c) Baby Carrots (1/2c) Pineapple (1/4c) WGR Bread or Roll (1) WGR Pasta in entrée (1/2c) Milk (8oz)	24-Turkey & Cheese (3oz) Mayonnaise & Mustard (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
27-CLOSED	28-*Chicken Patty (3oz) Mayonnaise (1) Corn (1/2c) Fresh Whole Fruit (1) WGR Bun (1) Milk (8oz)	29-*Hamburger (3oz) Ketchup/Mustard (1) Lettuce Tomato Salad (1c) Fruit Cocktail (1/4) WGR Bun (1) Milk (8oz)	30-*Pasta with Meat Sauce (3/4c) Baby Carrots(1/2c) Peaches (1/4c) WGR Bread or Roll (1) Milk (8oz)	31-Turkey & Cheese (3oz) Mayonnaise & Mustard (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)

**EZ Meals**  
**AFTERSCHOOL MEALS COLD SUPPER**  
**MAY MENU**




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES		1-Ham (2oz) Cheese (1oz) Mayonnaise & Mustard Packet (1) Mixed Green Salad with Shredded Carrots (1c) Salad Dressing (1) Pears (1/4c)	2-Grilled Chicken (2oz) <i>In pasta salad</i> Cucumber (1/2c) Dressing/Dip Pineapple (1/4c) *WGR Pasta Salad (3/4c) Milk (8oz)	3-Turkey & Cheese (3oz) Mayonnaise & Mustard Packet (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
6-*Chicken Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing/Dip Mandarins (1/4c) WG Crackers (22g) Milk (8oz)	7-*Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) *Coleslaw (1/2c) Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	8-Ham (2oz) Cheese (1oz) Mayonnaise & Mustard Packet (1) Mixed Green Salad with Shredded Carrots (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	9-Grilled Chicken (2oz) <i>In pasta salad</i> Cucumber (1/2c) Dressing/Dip Pineapple (1/4c) WGR Pasta Salad (3/4c) Milk ( )	10-Turkey & Cheese (3oz) Mayonnaise & Mustard Packet (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
13-*Tuna Salad (3oz) two Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing/Dip (1) Mandarins (1/4c) WG Crackers (1oz) Milk (8oz)	14-Ham (2oz) Cheese (1oz) Mayonnaise & Mustard Packet (1) *Coleslaw Fruit Cocktail (1/4c) WGR Bread (1) Milk (8oz)	15-*USDA Chicken Salad (3oz) Mixed Green Salad with Shredded Carrots (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	16-Turkey & Cheese (2.5oz) <i>In pasta salad</i> Baby Carrots (1/2c) Dressing/Dip (1) Applesauce (1/4c) *WGR Pasta Salad (3/4c) Milk (8oz)	17-Turkey & Cheese (3oz) Mayonnaise & Mustard Packet (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
20-*Egg Salad (3oz) three Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing /Dip(1) Mandarins (1/4c) WG Crackers (1oz) Milk (8oz)	21-*Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) *Coleslaw (1/2c) Fruit Cocktail (1/4c) WGR Bread (1) Milk (8oz)	22-Ham (2oz) Cheese (1oz) Mayonnaise & Mustard Packet (1) Mixed Green Salad with Shredded Carrots (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1)	23-Grilled Chicken (2oz) <i>In pasta salad</i> Cucumber (1/2c) Dressing/Dip Pineapple (1/4c) *WGR Pasta Salad (3/4c) Milk (8oz)	24-Turkey & Cheese (3oz) Mayonnaise & Mustard Packet (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
27-CLOSED	28-*Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) *Coleslaw (1/2c) Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	29-Ham (2oz) Cheese (1oz) Mayonnaise & Mustard Packet (1) Mixed Green Salad with Shredded Carrots (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	30-Grilled Chicken (2oz) <i>In pasta salad</i> Cucumber (1/2c) Dressing/Dip Pineapple (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	31-Turkey & Cheese (3oz) Mayonnaise & Mustard Packet (1) *Potato Salad (2/3c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)



**EZ Meals**  
**AFTERSCHOOL MEALS SNACK**  
**MAY MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	 <b>THE CHILDREN'S TRUST</b>	<u>1</u> Fresh Apple (1) WGR Fruit Muffin (2oz)	<u>2</u> Cheese Stick 1oz WGR Pretzels (1oz)	<u>3</u> 100% Juice (6oz) WGR Animal Crackers (1oz)
<u>6</u> 100% Juice (3/4c) WGR Honey Grahams (1oz)	<u>7</u> Cheese Stick 1oz WW Soft Roll (2oz)	<u>8</u> Fresh Apple (1) WGR Fruit Muffin (2oz)	<u>9</u> Cheese Stick 1oz WGR Cheese Crackers (1oz)	<u>10</u> 100% Juice (6oz) WGR Savory Crackers (1oz)
<u>13</u> 100% Juice (3/4c) WGR Cheddar Goldfish (.75oz pkg = 1oz)	<u>14</u> Cheese Stick 1oz WW Soft Roll (2oz)	<u>15</u> Fresh Apple (1) WGR Fruit Muffin (2oz)	<u>16</u> Cheese Stick 1oz WGR Pretzels (1oz)	<u>17</u> 100% Juice (3/4c) WGR Honey Grahams (1oz)
<u>20</u> 100% Juice (3/4c) WGR Cheddar Goldfish (.75oz pkg = 1oz)	<u>21</u> Cheese Stick 1oz WW Soft Roll (2oz)	<u>22</u> Fresh Apple (1) WGR Fruit Muffin (2oz)	<u>23</u> Cheese Stick 1oz WGR Cheese Crackers (1oz)	<u>24</u> 100% Juice (6oz) WGR Animal Crackers (1oz)
<u>27</u> CLOSED	<u>28</u> Cheese Stick 1oz WW Soft Roll (2oz)	<u>29</u> Fresh Apple (1) WGR Fruit Muffin (2oz)	<u>30</u> Cheese Stick 1oz WGR Pretzels (1oz)	<u>31</u> 100% Juice (6oz) WGR Animal Crackers (1oz)

