


Exquisite Catering
AFTERSCHOOL MEALS HOT SUPPER
AUGUST MENU

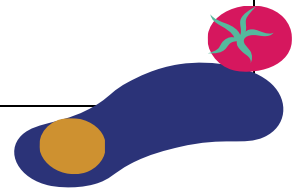
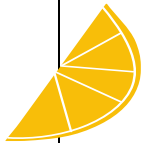


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>12-*Chicken Patty (3oz) Ketchup/Mustard (1) Mixed Vegetables (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)</p> <p>BROWARD SERVICE BEGINS</p>	<p>13-*Meatballs (3) Carrots (1/2c) Fresh Fruit (1/4c) WGR Rice (1/2c) Milk (8oz)</p>	<p>14-*Baked Ziti Pasta (3/4c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Pasta in entree (1/2c) Milk (8oz)</p>	<p>15-*Hamburger (2.3oz) Ketchup or Mustard (1) Mashed Potatoes (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)</p>	<p>16-*Beef & Bean Burrito (5oz) Carrot Sticks (1/2c) Dressing/Dip (1) Fresh Fruit (1/4c) WGR Tortilla in entrée (1) Milk (8oz)</p>
<p>19-*Chicken Nuggets (5) Ketchup (1) Mixed Vegetables (1/2c) Fresh Fruit (1/4c) WGR Roll (1) Milk (8oz)</p> <p>MIAMI-DADE SERVICE BEGINS</p>	<p>20-*Meatloaf (2.3oz) Mashed Potatoes (1/2c) Fresh Fruit (1/4c) WG Bun (1) Milk (8oz)</p>	<p>21-*Macaroni & Cheese (1c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Pasta in entree (1/2c) Milk (8oz)</p>	<p>22-*Teriyaki or BBQ Chicken (3oz) Corn (1/2c) Fresh Fruit (1/4c) WGR Rice (1/2c) Milk (8oz)</p>	<p>23-*Baked Ziti Pasta (3/4c) Carrot Sticks (1/2c) Dressing/Dip (1) Fresh Fruit (1/4c) WGR Pasta in entree (1/2c) Milk (8oz)</p>
<p>26-*Meatballs (3) Mixed Vegetables (1/2c) Fresh Fruit (1/4c) WGR Bun (1/2c) Milk (8oz)</p>	<p>27-*BBQ Chicken Leg (1 piece) Carrots (1/2c) Fresh Fruit (1/4c) WGR Rice (1/2c) Milk (8oz)</p>	<p>28-*Beefaroni (3/4c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Pasta in entree (1/2c) Milk (8oz)</p>	<p>29-* Fajita/Taco Chicken (2oz) Corn (1/2c) Fresh Fruit (1/4c) Tortilla (1) Milk (8oz)</p>	<p>30-*BBQ Beef Patty (2oz) Carrot Sticks (1/2c) Dressing/Dip (1) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)</p>
<p>September 2-CLOSED</p>	<p>3-*Salisbury Steak (2.25oz) Mashed Potatoes (1/2c) Fresh Fruit (1/4c) WGR Roll (1) Milk (8oz)</p>	<p>4-*Chicken Alfredo Pasta (1c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Pasta in entree (1/2c) Milk (8oz)</p>	<p>5-*Turkey Corn Dog (4oz) Green Peas (1/2c) Fresh Fruit (1/4c) WGR Breading in entrée (1oz eq) Milk (8oz)</p>	<p>6-*Beefaroni (3/4c) Carrot Sticks (1/2c) Dressing/Dip (1) Fresh Fruit (1/4c) WGR Pasta in entree (1/2c) Milk (8oz)</p>
		<p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES</p>		

EXQUISITE CATERING
AFTERSCHOOL MEALS COLD SUPPER
AUGUST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-Turkey & Cheese (3oz) Mayonnaise (1) Celery Sticks (1/2c) Dressing/Dip (1) Mandarins (1/4c) WGR Roll (1) Milk (8oz) BROWARD SERVICE BEGINS	13-Ham & Cheese (3oz) Mustard (1) *Potato Salad (2/3c) Peaches/Pears (1/4c) WGR Bread (1) Milk (8oz)	14-Wrap - Caesar Chicken (2oz) Mixed Green Salad with Shredded Carrots (1c) Salad Dressing (1) Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	15-Turkey Ham (1.7oz) Cheese Stick (1oz) Black Bean & Corn Salad (1/2c) Applesauce (1/4c) Cornbread/Muffin (1) Milk (8oz)	16-Chicken or Turkey with Cheese (3oz) Baby Carrots & Tomatoes (1/2c) Dressing /Dip(1) Peaches/Pears (1/4c) WGR Macaroni Salad (1/2c) Milk (8oz)
19-Turkey & Cheese (3oz) Mayonnaise (1) Celery Sticks (1/2c) Dressing/Dip (1) Mandarins (1/4c) WGR Roll (1) Milk (8oz) MIAMI-DADE SERVICE BEGINS	20-Beef Bologna & Cheese (3oz) Mustard (1) *Potato Salad (2/3c) Peaches/Pears (1/4c) WGR Bread (1) Milk (8oz)	21-Wrap – Buffalo Chicken (2oz) Mixed Green Salad with Shredded Carrots (1c) Salad Dressing (1) Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	22-Turkey Ham & Cheese (3oz) Mayonnaise (1) Baby Carrots & Tomatoes (1/2c) Dressing /Dip(1) Applesauce (1/4c) WGR Roll (1) Milk (8oz)	23-Chicken or Turkey with Cheese (3oz) *Creamy Coleslaw(1/2c) Peaches/Pears (1/4c) WGR Bread (1) Milk (8oz)
26-Turkey & Cheese (3oz) Mayonnaise (1) Celery Sticks (1/2c) Dressing/Dip (1) Mandarins (1/4c) WGR Roll (1) Milk (8oz)	27-Ham & Cheese (3oz) Mustard (1) *Potato Salad (2/3c) Peaches/Pears (1/4c) WGR Bread (1) Milk (8oz)	28-Wrap - Italian Chicken (2oz) Mixed Green Salad with Shredded Carrots (1c) Salad Dressing (1) Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	29-Turkey Ham (1.7oz) Cheese Stick (1oz) Black Bean & Corn Salad (1/2c) Applesauce (1/4c) Cornbread/Muffin (1) Milk (8oz)	30-Chicken or Turkey with Cheese (3oz) Baby Carrots & Tomatoes (1/2c) Dressing /Dip(1) Peaches/Pears (1/4c) WGR Macaroni Salad (1/2c) Milk (8oz)
September 2-CLOSED	3-Ham & Cheese (3oz) Mustard (1) *Potato Salad (2/3c) Peaches/Pears (1/4c) WGR Bread (1) Milk (8oz)	4-Wrap - Caesar Chicken (2oz) Mixed Green Salad with Shredded Carrots (1c) Salad Dressing (1) Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	5-Turkey Ham (1.7oz) Cheese Stick (1oz) Black Bean & Corn Salad (1/2c) Applesauce (1/4c) Cornbread/Muffin (1) Milk (8oz)	6-Chicken or Turkey with Cheese (3oz) Baby Carrots & Tomatoes (1/2c) Dressing /Dip(1) Peaches/Pears (1/4c) WGR Macaroni Salad (1/2c) Milk (8oz)
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">12</p> <p>100% Fruit Juice (6oz) WGR Graham Crackers (1oz)</p> <p>BROWARD SERVICE BEGINS</p>	<p align="center">13</p> <p>100% Fruit Juice (6oz) WGR Cheese Crackers (1oz)</p>	<p align="center">14</p> <p>Carrot Sticks (3/4c) or Raisins (1.5oz) Dressing/Dip (with carrots) (1) WGR Muffin (2oz)</p>	<p align="center">15</p> <p>Fresh Fruit (3/4c) WGR Animal Crackers (1oz)</p> <p>MIAMI DADE SNACK SERVICE BEGINS</p>	<p align="center">16</p> <p>100% Fruit Juice (6oz) WGR Pretzels (1oz)</p>
<p align="center">19</p> <p>100% Fruit Juice (6oz) WGR Graham Crackers (1oz)</p>	<p align="center">20</p> <p>100% Fruit Juice (6oz) WGR Cheese Crackers (1oz)</p>	<p align="center">21</p> <p>Carrot Sticks (3/4c) or Raisins (1.5oz) Dressing/Dip (with carrots) (1) WGR Muffin (2oz)</p>	<p align="center">22</p> <p>Fresh Fruit (3/4c) WGR Tortilla Chips (1oz)</p>	<p align="center">23</p> <p>100% Fruit Juice (6oz) WGR Pretzels (1oz)</p>
<p align="center">26</p> <p>100% Fruit Juice (6oz) WGR Graham Crackers (1oz)</p>	<p align="center">27</p> <p>100% Fruit Juice (6oz) WGR Cheese Crackers (1oz)</p>	<p align="center">28</p> <p>Cheese Stick (1oz) WGR Muffin (2oz)</p>	<p align="center">29</p> <p>Fresh Fruit (3/4c) WGR Animal Crackers (1oz)</p>	<p align="center">30</p> <p>100% Fruit Juice (6oz) WGR Pretzels (1oz)</p>
<p align="center">September 2 CLOSED</p>	<p align="center">3</p> <p>100% Fruit Juice (6oz) WGR Cheese Crackers (1oz)</p>	<p align="center">4</p> <p>Carrot Sticks (3/4c) or Raisins (1.5oz) Dressing/Dip (with carrots) (1) WGR Muffin (2oz)</p>	<p align="center">5</p> <p>Fresh Fruit (3/4c) WGR Animal Crackers (1oz)</p>	<p align="center">6</p> <p>100% Fruit Juice (6oz) WGR Pretzels (1oz)</p>
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