

Snack Menu

Exquisite – Afterschool June 2023

MONDAY	TUESDAY	HEALIN		
MONDAY	TOESDAT	WEDNESDAY	THURSDAY	FRIDAY
			<u>1</u> Fresh Fruit (3/4c) WGR Muffin (2oz)	2 100% Fruit Juice (6oz) WGR Cheese Crackers (1oz)
<u>5</u> 100% Fruit Juice (6oz) WGR Graham Crackers (1oz)	<u>6</u> 100% Fruit Juice (6oz) WGR Cheese Crackers (1oz)	7 Fresh Fruit (3/4c) WGR Animal Crackers (1oz) LAST DAY OF SERVICE MIAMI-DADE	<u>8</u> Fresh Fruit (3/4c) WGR Muffin (2oz)	





Afterschool Hot Supper Menu





Exquisite – June 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1-*Fajita Chicken Salisbury Steak (2oz) Corn Mashed Potatoes (1/2) Fresh Fruit (1/4c) WGR Tortilla Soft Roll Milk (8oz)	2-*BBQ Beef Patty (2oz) Carrot Sticks (1/2c) LF Ranch Dressing (1) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)
5-*Chicken Nuggets (20z) Ketchup (1) Mixed Vegetables (1/2c) Fresh Fruit (1/4c) WGR Roll (1) Milk (80z)	6-*Hamburger (2oz) Ketchup or Mustard (1) Mashed Potatoes (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)	7-*Macaroni & Cheese Cheese in recipe (2oz) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Pasta in recipe (1/2c) Milk (8oz) LAST DAY OF SERVICE MIAMI-DADE	8-*BBQ Chicken (2oz)Corn (1/2c) Fresh Fruit (1/4c) WGR Rice (1/2c) Milk (8oz)	



Afterschool Cold Supper Menu

Florida

Exquisite – June 2023

		4		TEALIT	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1-Chicken (2oz) & Cheese (.5oz) in	2-Beef Bologna & Cheese (3oz)	
			*Pasta Salad	Mayonnaise & Mustard Packet (1)	
			Baby Carrots (1/4c	*Potato Salad (2/3c)	
			Cherry or Grape Tomatoes (1/4c)	Fruit Cocktail (1/4c)	
			LF Ranch Dressing (1)	WGR Bread (1)	
			Applesauce (1/4c)	Milk (8oz)	
			WGR Macaroni (1/2c in pasta		
			salad)		
			Milk (8oz)		
5-*Chicken Salad (3oz)	6-Turkey & Cheese (3oz)	7-Tuna (2oz) & Cheese (.5oz) in	8-Roll-up/Pizza – 2 slices cheese		
Cucumber (1/4c)	Mayonnaise & Mustard Packet	*Pasta Salad	(2oz)		
Cherry or Grape Tomatoes (1/4c)	(1)	Mixed Green Salad with	Tomato Dipping Sauce (1/4c)		
LF Ranch Dressing	*Coleslaw (1/2c)	Shredded Carrots (1c)	Baby Carrots (1/4c)		
Mandarins (1/4c)	Peaches (1/4c)	LF Italian Dressing (1)	LF Ranch Dressing (1)		
WGR Crackers (1oz)	WGR Roll (1)	Pears (1/4c)	Applesauce (1/4c)		
Milk (8oz)	Milk (8oz	WG Macaroni (1/2c pasta salad)	, ,		
		Milk (8oz)	Milk (8oz)		
		LAST DAY OF SERVICE			
		MIAMI-DADE			
		1			

