

SUMMER MEALS SNACK JULY-AUGUST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1	2	3	4 CLOSED THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	5	
IW Graham Crackers (1oz)	IW Animal Crackers (1oz)	IW Cheese Crackers (.8oz)		IW Sugar Cookie (1.2oz)	
100% Juice (6oz)	100% Juice (6oz)	100% Juice (6oz)		Fresh Fruit (1 piece)	
8	9	10	11	12	
IW Graham Crackers (1oz)	IW Pretzels (.8oz)	IW Tortilla Chip (1oz)	IW Muffin (2oz)	IW Oatmeal Cookie (1.2oz)	
100% Juice (6oz)	100% Juice (6oz)	100% Juice (6oz)	100% Juice (6oz)	Fresh Fruit (1 piece)	
15	16	17	18	19	
IW Graham Crackers (1oz)	IW Grain Fruit Bar (2.3oz)	IW Cheese Crackers (.8oz)	IW Muffin (2oz)	IW Sugar Cookie (1.2oz)	
100% Juice (6oz)	100% Juice (6oz)	100% Juice (6oz)	100% Juice (6oz)	Fresh Fruit (1 piece)	
22	23	24	25	26	
IW Graham Crackers (1oz)	IW Animal Crackers (1oz)	IW Cheese Crackers (.8oz)	IW Muffin (2oz)	IW Sugar Cookie (1.2oz)	
100% Juice (6oz)	100% Juice (6oz)	100% Juice (6oz)	100% Juice (6oz)	Fresh Fruit (1 piece)	
29	30	31	August 1	August 2 IW Oatmeal Cookie (1.2oz) Fresh Fruit (1 piece)	
IW Graham Crackers (1oz)	IW Pretzels (.8oz)	IW Tortilla Chip (1oz)	IW Muffin (2oz)		
100% Juice (6oz	100% Juice (6oz)	100% Juice (6oz)	100% Juice (6oz)		

SUMMER MEALS HOT LUNCH JULY-AUGUST MENU



TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Salisbury Steak (3oz) Roll (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz)	3 Fajita Chicken (4oz) Rice (1/2c) Black Beans & Corn (3/8c) Fruit Cup (1/2c) Milk (8oz)	4 CLOSED THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	5 Beefaroni (1c) Roll (1) Carrot Sticks (3/8c) 100% Fruit Juice (4oz) Milk (8oz)
9 BBQ Beef Patty (3oz) Bun (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz)	HO BBQ Chicken (4oz) Rice (1/2c) Corn (3/8c) Fruit Cup (1/2c) Milk (8oz	Taco Seasoned Beef (3oz) Tortilla (1) Black Beans (3/8c) Fresh Fruit (1 piece) Milk (8oz)	Turkey Corn Dog (4oz) Breading in entrée (1) Carrot Sticks (3/8c) 100% Juice (4oz) Milk (8oz)
16 Meatloaf (3oz) Roll (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz)	17 Taco Chicken (4oz) Tortilla (1) Black Beans & Corn (3/8c) Fruit Cup (1/2c) Milk (8oz)	18 Meatballs in Sauce (3) Bun (1) Green Beans (3/8c) Fresh Fruit (1 piece) Milk (8oz)	19 Beefaroni (1c) Roll (1) Carrot Sticks (3/8c) 100% Fruit Juice (4oz) Milk (8oz
BBQ Beef Patty (3oz) Bun (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz)	24 Teriyaki Chicken (4oz) Rice (1/2c) Corn (3/8c) Fruit Cup (1/2c) Milk (8oz	25 Beef Burrito (4oz) Tortilla in entrée (1) Peas & Carrots (3/8c) Fresh Fruit (1 piece) Milk (8oz)	Turkey Corn Dog (4oz) Breading in entrée (1) Carrot Sticks (3/8c) 100% Juice (4oz) Milk (8oz)
30 Salisbury Steak (3oz) Roll (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz)	31 Fajita Chicken (4oz) Rice (1/2c) Black Beans & Corn (3/8c) Fruit Cup (1/2c) Milk (8oz)	August 1 Meatballs in Sauce (3) Bun (1) Green Beans (3/8c) Fresh Fruit (1 piece) Milk (8oz	August 2 Beefaroni (1c) Roll (1) Carrot Sticks (3/8c) 100% Fruit Juice (4oz) Milk (8oz)
	Salisbury Steak (3oz) Roll (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz) 9 BBQ Beef Patty (3oz) Bun (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz) 16 Meatloaf (3oz) Roll (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz) 23 BBQ Beef Patty (3oz) Bun (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz) 30 Salisbury Steak (3oz) Roll (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz)	2 Salisbury Steak (3oz) Roll (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz) 9 BBQ Beef Patty (3oz) Bun (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz) 9 BBQ Chicken (4oz) Rice (1/2c) Milk (8oz) 10 BBQ Chicken (4oz) Rice (1/2c) Corn (3/8c) Fruit Cup (1/2c) Milk (8oz) 16 Meatloaf (3oz) Roll (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz) 17 Taco Chicken (4oz) Tortilla (1) Black Beans & Corn (3/8c) Fruit Cup (1/2c) Milk (8oz) 17 Taco Chicken (4oz) Tortilla (1) Black Beans & Corn (3/8c) Fruit Cup (1/2c) Milk (8oz) 18 BBQ Beef Patty (3oz) Bun (1) Potato (3/8c) Fresh Fruit (1 piece) Milk (8oz) 19 Taco Chicken (4oz) Tortilla (1) Black Beans & Corn (3/8c) Fruit Cup (1/2c) Milk (8oz) 10 BBQ Chicken (4oz) Rice (1/2c) Milk (8oz) 17 Taco Chicken (4oz) Tortilla (1) Black Beans & Corn (3/8c) Fruit Cup (1/2c) Milk (8oz) 19 Teriyaki Chicken (4oz) Rice (1/2c) Corn (3/8c) Fruit Cup (1/2c) Milk (8oz) 10 BBQ Chicken (4oz) Rice (1/2c) Milk (8oz) 11 Fajita Chicken (4oz) Rice (1/2c) Black Beans & Corn (3/8c) Fruit Cup (1/2c)	Salisbury Steak (3oz)

SUMMER MEALS COLD LUNCH JULY-AUGUST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey-Ham & Cheese (3oz) Bun (1) Potato Salad (1/2c) Fresh Fruit (1 piece) Milk (8oz)	2 Chicken in Caesar <mark>or</mark> Italian Dressing (2oz) Roll (1) Green Salad (1/2c) Mixed Fruit (1/2c) Milk (8oz)	3 Latin Style Turkey-Ham & Cheese (3oz) Bread/Medianoche (1) Fruit Cup (1/2c) 100% Fruit Juice (4oz) Milk (8oz)	4 CLOSED THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	5 Turkey-Ham & Cheese (3oz) Bread (1) Carrot Sticks (3/8c) 100% Juice (4oz) Milk (8oz)
8 Turkey-Ham & Cheese (3oz) Bun (1) Potato Salad (1/2c) Fresh Fruit (1 piece) Milk (8oz)	9 Chicken or Turkey & Cheese (2oz) Macaroni Salad (1/2c) Celery Sticks (1/2c) Peaches or Pears (1/2c) Milk (8oz)	10 Latin Style Turkey-Ham & Cheese (3oz) Bread/Medianoche (1) Fruit Cup (1/2c) 100% Fruit Juice (4oz) Milk (8oz)	11 Fajita Chicken & Cheese (3oz) Cornbread/Muffin (1) Black Bean & Corn Salad (1/2c) Applesauce(1/2c) Milk (8oz)	12 Turkey Bologna & Cheese (3oz) Bread (1) Carrot Sticks (3/8c) 100% Fruit Juice (4oz) Milk (8oz)
15 Turkey-Ham & Cheese (3oz) Bun (1) Potato Salad (1/2c) Fresh Fruit (1 piece) Milk (8oz)	16 Chicken in Caesar or Italian Dressing (2oz) Roll (1) Green Salad (1/2c) Mixed Fruit (1/2c) Milk (8oz)	Latin Style Turkey-Ham & Cheese (3oz) Bread/Medianoche (1) Fruit Cup (1/2c) 100% Fruit Juice (4oz) Milk (8oz)	18 Chicken Salad (3oz) Roll (1) Green Salad (1/2c) Fruit in juice (1/2c) Milk (8oz)	19 Turkey-Ham & Cheese (3oz) Bread (1) Carrot Sticks (3/8c) 100% Juice (4oz) Milk (8oz)
Turkey-Ham & Cheese (3oz) Bun (1) Potato Salad (1/2c) Fresh Fruit (1 piece) Milk (8oz)	23 Chicken or Turkey & Cheese (2oz) Macaroni Salad (1/2c) Celery Sticks (1/2c) Peaches or Pears (1/2c) Milk (8oz)	24 Latin Style Turkey-Ham & Cheese (3oz) Bread/Medianoche (1) Fruit Cup (1/2c) 100% Fruit Juice (4oz) Milk (8oz)	25 Fajita Chicken & Cheese (3oz) Cornbread/Muffin (1) Black Bean & Corn Salad (1/2c) Applesauce(1/2c) Milk (8oz)	26 Turkey Bologna & Cheese (3oz) Bread (1) Carrot Sticks (3/8c) 100% Fruit Juice (4oz) Milk (8oz)
Turkey-Ham & Cheese (3oz) Bun (1) Potato Salad (1/2c) Fresh Fruit (1 piece) Milk (8oz)	30 Chicken in Caesar or Italian Dressing (2oz) Roll (1) Green Salad (1/2c) Mixed Fruit (1/2c) Milk (8oz)	31 Latin Style Turkey-Ham & Cheese (3oz) Bread/Medianoche (1) Fruit Cup (1/2c) 100% Fruit Juice (4oz) Milk (8oz)	August 1 Chicken Salad (3oz) Roll (1) Green Salad (1/2c) Fruit in juice (1/2c) Milk (8oz)	August 2 Turkey-Ham & Cheese (3oz) Bread (1) Carrot Sticks (3/8c) 100% Juice (4oz) Milk (8oz)



SUMMER MEALS BREAKFAST JULY-AUGUST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4 CLOSED THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	5
IW Cereal Bowl (1oz)	IW Muffin (2oz)	IW Cereal Bowl (1oz)		IW Cereal Bowl (1oz)
100% Juice (4oz)	100% Juice (4oz)	100% Juice (4oz)		Fresh Fruit (1 piece)
Milk (8oz)	Milk (8oz)	Milk (8oz)		Milk (8oz)
8	9	10	11	12
IW Cereal (1oz)	IW Muffin (2oz)	IW Cereal Bowl (1oz)	IW Bagel (2oz)	IW Cereal Bowl (1oz)
100% Juice (4oz)	100% Juice (4oz)	100% Juice (4oz)	100% Juice (4oz)	Fresh Fruit (1 piece)
Milk (8oz)	Milk (8oz)	Milk (8oz)	Milk (8oz)	Milk (8oz)
15	16	17	18	19
IW Cereal Bowl (1oz)	IW Muffin (2oz)	IW Cereal Bowl (1oz)	IW Bagel (2oz)	IW Cereal Bowl (1oz)
100% Juice (4oz)	100% Juice (4oz)	100% Juice (4oz)	100% Juice (4oz)	Fresh Fruit (1 piece)
Milk (8oz)	Milk (8oz)	Milk (8oz)	Milk (8oz)	Milk (8oz)
22	23	24	25	26 IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk (8oz)
IW Cereal Bowl (1oz)	IW Muffin (2oz)	IW Cereal Bowl (1oz)	IW Bagel (2oz)	
100% Juice (4oz)	100% Juice (4oz)	100% Juice (4oz)	100% Juice (4oz)	
Milk (8oz)	Milk (8oz)	Milk (8oz)	Milk (8oz)	
29	30	31	August 1 IW Bagel (2oz) 100% Juice (4oz) Milk (8oz)	August 2
IW Cereal Bowl (1oz)	IW Muffin (2oz)	IW Cereal Bowl (1oz)		IW Cereal Bowl (1oz)
100% Juice (4oz)	100% Juice (4oz)	100% Juice (4oz)		Fresh Fruit (1 piece)
Milk (8oz)	Milk (8oz)	Milk (8oz)		Milk (8oz)