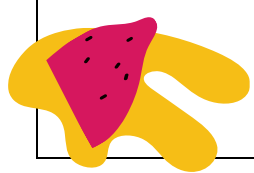


**Quality Culinary**  
**AFTERSCHOOL MEALS SNACK**  
**AUGUST MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-IW WGR Muffin (2oz) Milk 8oz  <b>BROWARD &amp; PALM BEACH SERVICE BEGINS</b>	13-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	14-IW WGR Pita Chips or Pretzels (0.8oz) Cheese Stick (1oz)	15-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) <b>MIAMI-DADE SNACK SERVICE BEGINS</b>	16-IW WGR Animal or Graham Crackers (1oz) Milk 8oz
19-IW WGR Muffin (2oz) Milk 8oz	20-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	21-IW WGR Pita Chips or Pretzels (0.8oz) Cheese Stick (1oz)	22-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	23-IW WGR Animal or Graham Crackers (1oz) Milk 8oz
26-IW WGR Muffin (2oz) Milk 8oz	27-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	28-IW WGR Graham Crackers (1oz) Yogurt (4oz)	29-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	30-IW WGR Animal Crackers (1oz) Milk 8oz
September 2-CLOSED	3-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	4-IW WGR Pita Chips (0.8oz) Cheese Stick (1oz)	5-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	6-IW WGR Animal or Graham Crackers (1oz) Milk 8oz
		THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES  IW= Individually Wrapped		



**Quality Culinary**  
**AFTERSCHOOL MEALS HOT SUPPER**  
**AUGUST MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-Chicken Alfredo Pasta (1c) Peas & Carrots (1/2c) Pears or Peaches (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz <b>BROWARD &amp; PALM BEACH SERVICE BEGINS</b>	13-Beef or Turkey Chili (3oz) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Rice (1/2c) Milk 8oz	14-Baked Ziti Pasta (1c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz	15-Adobo Baked Chicken (3oz) Green Peas (1/2c) Pineapple or Mandaring Oranges (1/4c) WGR Rice (1/2c) Milk 8oz	16-Beef, Turkey or Chicken Hot Dog (2.75oz) Corn (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk 8oz
19-Macaroni & Cheese (2/3c) Peas and Carrots (1/2c) Pears or Peaches (1/4c) WGR Pasta in entrée (2/3c total portion) Milk 8oz <b>MIAMI-DADE SERVICE BEGINS</b>	20-Chicken Patty (3oz) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Bun (1) Milk 8oz	21-Picadillo (3oz) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Rice (1/2c) Milk 8oz	22-Baked Chicken Marinara (1c) Green Peas (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz	23-Arroz con Pollo (1c) Corn (1/2c) Fresh Fruit (1/4c) WGR Rice in entrée (1/2c) Milk 8oz
26-Cheeseburger Macaroni (3oz) Peas & Carrots (1/2c) Pears or Peaches (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz	27-Taco Beef or Turkey (2oz) Cheese (0.5oz) Mixed Green Salad (1c) Salad Dressing (1) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk 8oz	28-Chicken and Rice (1c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Rice in entrée (1/2c) Milk 8oz	29-Beefaroni (3/4c) Green Peas (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Pasta in entrée (12c) Milk 8oz	30-Beef, Turkey or Chicken Hot Dog (2.75oz) Corn (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk 8oz
September 2-CLOSED	3-Sloppy Joe (3oz) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Bun (1) Milk 8oz	4-Breaded Fish (3.6oz) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Bread (1) Milk 8oz	5-Spaghetti and Meat Sauce (1c) Green Peas (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz	6-Arroz con Pollo (1c) Corn (1/2c) Fresh Fruit (1/4c) WGR Rice in entrée (1/2c) Milk 8oz
		THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES		

**Quality Culinary**  
**AFTERSCHOOL MEALS COLD SUPPER**  
**AUGUST MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-Beef Bologna (2oz) Cheese (1oz) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches (1/4c) WGR Bread (2) Milk (8oz) <b>BROWARD &amp; PALM BEACH SERVICE BEGINS</b>	13-Turkey Breast (2oz) Cheese (1oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	14-Tuna Macaroni Salad (3/4c) Carrot/Celery Slims (1/2c) Dip (1) Fresh Fruit (1/4c) WGR Macaroni in Salad (1/2c) Milk (8oz)	15-Turkey Breast (2oz) Cheese (1oz) Broccoli Florets (1/2c) Dip (1) Pineapple or Mandarin Oranges (1/4c) WGR Bread (2) Milk (8oz)	16-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) WGR Bun (1) Milk (8oz)
19-Turkey (2oz) Beef/Turkey Pepperoni or Beef/Turkey Salami (0.5oz) Cheese (0.5oz) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches (1/4c) WGR Bun (1) Milk (8oz) <b>MIAMI-DADE SERVICE BEGINS</b>	20-Buffalo Chicken Wrap (2.5oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	21 Turkey (2oz) Cheese (1oz) Carrot/Celery Slims (1/2c) Dip (1) Mandarin Oranges or Cinnamon Apples (1/4c) WGR Tortilla (1) Milk (8oz)	22-Tuna Macaroni Salad (3/4c) Broccoli Florets (1/2c) Dip (1) Pineapple or Mandarin Oranges (1/4c) WGR Macaroni in Salad (1/2c) Milk (8oz)	23-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)
26-Tuna Salad (3oz) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches(1/4c) WGR Bun (1) Milk (8oz)	27-Beef Bologna (2oz) Cheese (1oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Bread (2) Milk (8oz)	28-Buffalo Chicken Wrap (2.5oz) Carrot/Celery Slims (1/2c) Dip (1) Fresh Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	29-Turkey (2oz) Beef/Turkey Pepperoni or Beef/Turkey Salami (0.5oz) Cheese (0.5oz) Broccoli Florets (1/2c) Dip (1) Pineapple Tidbits (1/4c) WGR Bun (1) Milk (8oz)	30-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)
September 2-CLOSED	3-Turkey (2oz) Cheese (1oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	4-Turkey (2oz) Beef/Turkey Pepperoni or Beef/Turkey Salami (0.5oz) Cheese (0.5oz) Carrot/Celery Slims (1/2c) Dip (1) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)		THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES

