

**Quality Culinary**  
**AFTERSCHOOL MEALS HOT SUPPER**  
**MARCH MENU**

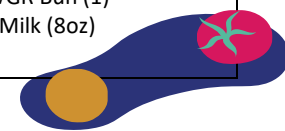
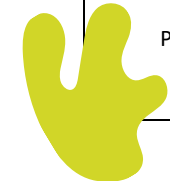
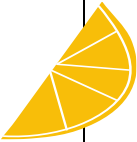


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES				1-Arroz con Pollo (1c) Corn (1/2c) Fresh Fruit (1/4c) WGR Rice in entrée (1/2c) Milk 8oz
16-Baked Chicken (3oz) Peas & Carrots (1/2c) Pears or Peaches (1/4c) WGR Rice (1/2c) Milk 8oz	17-Macaroni & Cheese (2/3c) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Pasta in entre (1/2c) Milk 8oz	18-Chicken (2oz) Cheese (0.5oz) Mixed Green Salad (1c) Salad Dressing (1) Fresh Fruit (1/4c) WGR Tortilla (1) Milk 8oz	19-Beef or Turkey Shepherds Pie (1c) Mashed Potato in entrée (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Bread (1) Milk 8oz	20-Beef, Turkey or Chicken Hot Dog (2.75oz) Corn (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk 8oz
23-Chicken Alfredo Pasta (1c) Peas & Carrots (1/2c) Pears or Peaches (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz	24-Beef or Turkey Chili (3oz) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Rice (1/2c) Milk 8oz	25-Baked Ziti Pasta (1c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz	26-Adobo Baked Chicken (3oz) Green Peas (1/2c) Pineapple or Mandaring Oranges (1/4c) WGR Rice (1/2c) Milk 8oz	27-Beef, Turkey or Chicken Hot Dog (2.75oz) Corn (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk 8oz
8-Macaroni & Cheese (2/3c) Peas and Carrots (1/2c) Pears or Peaches (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz	9-Chicken Patty (3oz) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Bun (1) Milk 8oz	10-Picadillo (3oz) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Rice (1/2c) Milk 8oz	11-Baked Chicken Marinara (1c) Green Peas (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz	12-Arroz con Pollo (1c) Corn (1/2c) Fresh Fruit (1/4c) WGR Rice in entrée (1/2c) Milk 8oz
15-Cheeseburger Macaroni (3oz) Peas & Carrots (1/2c) Pears or Peaches (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz	16-Taco Beef or Turkey (2oz) Cheese (0.5oz) Mixed Green Salad (1c) Salad Dressing (1) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk 8oz	17-Chicken and Rice (1c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Rice in entrée (1/2c) Milk 8oz	18-Beefaroni (3/4c) Green Peas (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Pasta in entrée (12c) Milk 8oz	29-Beef, Turkey or Chicken Hot Dog (2.75oz) Corn (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk 8oz

**Quality Culinary**  
**AFTERSCHOOL MEALS COLD SUPPER**  
**MARCH MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES				1--Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) WGR Bun (1) Milk (8oz)
4-Turkey (2oz) Beef/Turkey Pepperoni or Beef/Turkey Salami (0.5oz) Cheese (0.5oz) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches (1/4c) WGR Bun (1) Milk (8oz)	5-Buffalo Chicken Wrap (2.5oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	6 Turkey (2oz) Cheese (1oz) Carrot/Celery Slims (1/2c) Dip (1) Mandarin Oranges or Cinnamon Apples (1/4c) WGR Tortilla (1) Milk (8oz)	7-Tuna (2oz) in Macaroni Salad (1/2c) Broccoli Florets (1/2c) Dip (1) Pineapple Tidbits (1/4c) WGR Crackers (0.8oz) Milk (8oz)	8-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)
11-Tuna Salad (3oz) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches(1/4c) WGR Bun (1) Milk (8oz)	12-Beef Bologna (2oz) Cheese (1oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Bread (2) Milk (8oz)	13-Buffalo Chicken Wrap (2.5oz) Carrot/Celery Slims (1/2c) Dip (1) Fresh Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	14-Turkey (2oz) Beef/Turkey Pepperoni or Beef/Turkey Salami (0.5oz) Cheese (0.5oz) Broccoli Florets (1/2c) Dip (1) Pineapple Tidbits (1/4c) WGR Bun (1) Milk (8oz)	15-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)
18-Tuna (2oz) in Macaroni Salad (1/2c) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches(1/4c) Milk 8oz	19-Turkey (2oz) Cheese (1oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	20-Turkey (2oz) Beef/Turkey Pepperoni or Beef/Turkey Salami (0.5oz) Cheese (0.5oz) Carrot/Celery Slims (1/2c) Dip (1) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)	21-Beef Bologna (2oz) Cheese (1oz) Broccoli Florets (1/2c) Dip (1) Pineapple Tidbits (1/4c) WGR Bread (1) Milk (8oz)	22-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)
25-Beef Bologna (2oz) Cheese (1oz) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches (1/4c) WGR Bread (2) Milk (8oz)	26-Turkey Breast (2oz) Cheese (1oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz)	27-Tuna Salad (3oz) Carrot/Celery Slims (1/2c) Dip (1) Fresh Fruit (1/4c) WGR Crackers (0.8oz) Milk (8oz)	28-Turkey Breast (2oz) Cheese (1oz) Broccoli Florets (1/2c) Dip (1) Pineapple or Mandarin Oranges (1/4c) WGR Bread (2) Milk (8oz)	29-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz)



**Quality Culinary**  
**AFTERSCHOOL MEALS SNACK**  
**MARCH MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES IW= Individually Wrapped				1-IW WGR Muffin (2oz) Milk 8oz IW WGR Savory Crackers (0.8oz) 100% Fruit Juice (6oz)
4-IW WGR Animal Crackers (1oz) Milk 8oz	5-IW WGR Cheese Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	6-IW WGR Graham Crackers (1oz) Yogurt (4oz)	7-IW WGR Savory Crackers (0.8oz) 100% Fruit Juice (6oz)	1-IW WGR Muffin (2oz) Milk 8oz
11-IW WGR Animal Crackers (1oz) Milk 8oz	12-IW WGR Cheese Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	13-IW WGR Pita Chips (0.8oz) Cheese Stick (1oz)	14-IW WGR Savory Crackers (0.8oz) 100% Fruit Juice (6oz)	15-IW WGR Muffin (2oz) Milk 8oz
18-IW WGR Graham Crackers (1oz) Milk 8oz	19-IW WGR Cheese Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	20-IW WGR Pretzels (0.8oz) Cheese Stick (1oz)	21-IW WGR Savory Crackers (0.8oz) 100% Fruit Juice (6oz)	22-IW WGR Muffin (2oz) Milk 8oz
25-IW WGR Animal Crackers (1oz) Milk 8oz	26-IW WGR Cheese Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1)	27-IW WGR Graham Crackers (1oz) Yogurt (4oz)	28-IW WGR Savory Crackers (0.8oz) 100% Fruit Juice (6oz)	29-IW WGR Muffin (2oz) Milk 8oz

