

Quality Culinary
AFTERSCHOOL MEALS SNACK
MAY MENU



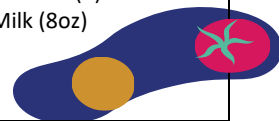
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES W= Individually Wrapped</p> | | 1-IW WGR Graham Crackers (1oz) Yogurt (4oz) | 2-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) | 3-IW WGR Animal or Graham Crackers (1oz) Milk 8oz |
| <p>6-IW WGR Muffin (2oz) Milk 8oz</p> | 7-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) | 8-IW WGR Pita Chips (0.8oz) Cheese Stick (1oz) | 9-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) | 10-IW WGR Animal or Graham Crackers (1oz) Milk 8oz |
| 13-IW WGR Muffin (2oz) Milk 8oz | 14-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) | 15-IW WGR Graham Crackers (1oz) Yogurt (4oz) | 16-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) | 17-IW WGR Animal or Graham Crackers (1oz) Milk 8oz |
| 20-IW WGR Muffin (2oz) Milk 8oz | 21-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) | 22-IW WGR Pita Chips (0.8oz) Cheese Stick (1oz) | 23-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) | 24-IW WGR Animal or Graham Crackers (1oz) Milk 8oz |
| 27-CLOSED | 28-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) | 29-IW WGR Pretzels (0.8oz) Cheese Stick (1oz) | 30-IW WGR Crackers (0.8oz) 100% Fruit Juice (6oz) or Apple (1) | 31-IW WGR Animal or Graham Crackers (1oz) Milk 8oz |



Quality Culinary
AFTERSCHOOL MEALS COLD SUPPER
MAY MENU




| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES | | 1 Turkey (2oz) Cheese (1oz) Carrot/Celery Slims (1/2c) Dip (1) Mandarin Oranges or Cinnamon Apples (1/4c) WGR Tortilla (1) | 2-Tuna (2oz) in Macaroni Salad (1/2c) Broccoli Florets (1/2c) Dip (1) Pineapple Tidbits (1/4c) WGR Crackers (0.8oz) Milk (8oz) | 3-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz) |
| 6-Tuna Salad (3oz) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches(1/4c) WGR Bun (1) Milk (8oz) | 7-Beef Bologna (2oz) Cheese (1oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Bread (2) Milk (8oz) | 8-Buffalo Chicken Wrap (2.5oz) Carrot/Celery Slims (1/2c) Dip (1) Fresh Fruit (1/4c) WGR Tortilla (1) Milk (8oz) | 9-Turkey (2oz) Beef/Turkey Pepperoni or Beef/Turkey Salami (0.5oz) Cheese (0.5oz) Broccoli Florets (1/2c) Dip (1) Pineapple Tidbits (1/4c) WGR Bun (1) Milk (8oz) | 10-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz) |
| 13-Tuna (2oz) in Macaroni Salad (1/2c) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches(1/4c) Milk 8oz | 14-Turkey (2oz) Cheese (1oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz) | 15-Turkey (2oz) Beef/Turkey Pepperoni or Beef/Turkey Salami (0.5oz) Cheese (0.5oz) Carrot/Celery Slims (1/2c) Dip (1) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz) | 16-Beef Bologna (2oz) Cheese (1oz) Broccoli Florets (1/2c) Dip (1) Pineapple Tidbits (1/4c) WGR Bread (1) Milk (8oz) | 17-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz) |
| 20-Beef Bologna (2oz) Cheese (1oz) Carrot/Celery Slims (1/2c) Dip (1) Pears or Peaches (1/4c) WGR Bread (2) Milk (8oz) | 21-Turkey Breast (2oz) Cheese (1oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz) | 22-Tuna Salad (3oz) Carrot/Celery Slims (1/2c) Dip (1) Fresh Fruit (1/4c) WGR Crackers (0.8oz) Milk (8oz) | 23-Turkey Breast (2oz) Cheese (1oz) Broccoli Florets (1/2c) Dip (1) Pineapple or Mandarin Oranges (1/4c) WGR Bread (2) Milk (8oz) | 24-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) WGR Bun (1) Milk (8oz) |
| 27-CLOSED | 28-Buffalo Chicken Wrap (2.5oz) Coleslaw (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Tortilla (1) Milk (8oz) | 29 Turkey (2oz) Cheese (1oz) Carrot/Celery Slims (1/2c) Dip (1) Mandarin Oranges or Cinnamon Apples (1/4c) WGR Tortilla (1) Milk (8oz) | 30-Tuna (2oz) in Macaroni Salad (1/2c) Broccoli Florets (1/2c) Dip (1) Pineapple Tidbits (1/4c) WGR Crackers (0.8oz) Milk (8oz) | 31-Sliced Chicken (2oz) Cheese (1oz) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk (8oz) |



Quality Culinary
AFTERSCHOOL MEALS HOT SUPPER
MAY MENU



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES |  THE CHILDREN'S TRUST | 1-Chicken and Rice (1c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Rice in entrée (1/2c) Milk 8oz | 22-Beefaroni (3/4c) Green Peas (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Pasta in entrée (12c) Milk 8oz | 3-Beef, Turkey or Chicken Hot Dog (2.75oz) Corn (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk 8oz |
| 6-Chicken Nuggets (5) Peas & Carrots (1/2c) Pears or Peaches (1/4c) WGR Bread (1) Milk 8oz | 7-Sloppy Joe (3oz) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Bun (1) Milk 8oz | 8-Breaded Fish (3.6oz) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Bread (1) Milk 8oz | 9-Spaghetti and Meat Sauce (1c) Green Peas (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz | 10-Arroz con Pollo (1c) Corn (1/2c) Fresh Fruit (1/4c) WGR Rice in entrée (1/2c) Milk 8oz |
| 13-Baked Chicken (3oz) Peas & Carrots (1/2c) Pears or Peaches (1/4c) WGR Rice (1/2c) Milk 8oz | 14-Macaroni & Cheese (2/3c) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Pasta in entre (1/2c) Milk 8oz | 15-Chicken (2oz) Cheese (0.5oz) Mixed Green Salad (1c) Salad Dressing (1) Fresh Fruit (1/4c) WGR Tortilla (1) Milk 8oz | 16-Beef or Turkey Shepherds Pie (1c) Mashed Potato in entrée (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Bread (1) Milk 8oz | 17-Beef, Turkey or Chicken Hot Dog (2.75oz) Corn (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk 8oz |
| 20-Chicken Alfredo Pasta (1c) Peas & Carrots (1/2c) Pears or Peaches (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz | 21-Beef or Turkey Chili (3oz) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Rice (1/2c) Milk 8oz | 22-Baked Ziti Pasta (1c) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz | 23-Adobo Baked Chicken (3oz) Green Peas (1/2c) Pineapple or Mandaring Oranges (1/4c) WGR Rice (1/2c) Milk 8oz | 24-Beef, Turkey or Chicken Hot Dog (2.75oz) Corn (1/2c) Fresh Fruit (1/4c) WGR Bun (1) Milk 8oz |
| 27-CLOSED | 28-Chicken Patty (3oz) Vegetable Medley (1/2c) Applesauce or Mixed Fruit (1/4c) WGR Bun (1) Milk 8oz | 29-Picadillo (3oz) Green Beans (1/2c) Fresh Fruit (1/4c) WGR Rice (1/2c) Milk 8oz | 30-Baked Chicken Marinara (1c) Green Peas (1/2c) Pineapple or Mandarin Oranges (1/4c) WGR Pasta in entrée (1/2c) Milk 8oz | 31-Arroz con Pollo (1c) Corn (1/2c) Fresh Fruit (1/4c) WGR Rice in entrée (1/2c) Milk 8oz |