

**Quality Culinary**  
**SUMMER MEALS HOT LUNCH**  
**JULY MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> *Chicken Alfredo Pasta (1c) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)	<b>4</b> CLOSED	<b>5</b> *Beefaroni Pasta (3/4c) Steamed Peas & Carrots(1/2c) 100% Juice (4-6oz) Milk (8oz)	<b>6</b> Teriyaki Chicken (2.5oz) Seasoned Rice (1/2c) Steamed Vegetable Medley (1/2c) Peaches <b>or</b> Pears in Juice (1/4c) Milk (8oz)	<b>7</b> Chicken in BBQ Sauce (3oz) Mashed Potatoes (1/2c) Fresh Fruit (1 piece) Soft Roll (1) Margarine (1) Milk (8oz)
<b>10</b> Macaroni & Cheese (2/3c) Pasta in entrée (1/2c) Vegetable Medley (1/2c) Mixed Fruit in juice (1/4c) Milk (8oz)	<b>11</b> Taco Seasoned Ground Beef (3oz) Black Beans * Corn(1/2c) Applesauce (1/4c) Tortilla (1) Mild Salsa (1) Milk (8oz)	<b>12</b> *Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and Pasta (1c) serving Steamed Green Beans (1/2c) 100% Juice (4-6oz) Milk (8oz)	<b>13</b> *Beef, Turkey or Chicken Hotdog (2oz) Bun (1) Oven Baked Potato Wedges <b>or</b> Tater Tots (1/2c) Pineapple Tidbits in Juice (1/4c) Milk (8oz)	<b>14</b> Fajita Seasoned Chicken (2.5oz) Seasoned Rice (1/2c) Steamed Peas & Carrots (1/2c) Fresh Fruit (1 piece) Milk (8oz)
<b>17</b> *Baked Ziti Pasta (3/4c) Meat/Cheese in entree (2oz) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mandarins in juice (1/4c) Milk (8oz)	<b>18</b> Taco Seasoned Chicken (3oz) Tortilla (1) Black Beans with Corn (1/2c) Mixed Fruit in Juice (1/4c) Mild Salsa (1) Milk (8oz)	<b>19</b> *Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and Pasta (1c) serving Steamed Peas & Carrots (1/2c) 100% Juice (4-6oz) Milk (8oz)	<b>20</b> *Breaded Chicken Patty (3oz) Oven Baked Potato Wedges <b>or</b> Tater Tots (1/2c) Peaches <b>or</b> Pears in Juice (1/4c) Bun (1) Ketchup & Mayonnaise (1 ea) Milk (8oz)	<b>21</b> Fajita Seasoned Chicken (2.5oz) Seasoned Rice (1/2c) Steamed Vegetable Medley (1/2c) Fresh Fruit (1 piece) Milk (8oz)
<b>24</b> *Chicken Alfredo Pasta (1c) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)	<b>25</b> Taco Seasoned Ground Beef (3oz) Black Beans with Corn (1/2c) Applesauce (1/4c) Tortilla (1) Mild Salsa (1) Milk (8oz)	<b>26</b> *Beefaroni Pasta (3/4c) Steamed Peas & Carrots(1/2c) 100% Juice (4-6oz) Milk (8oz)	<b>27</b> Teriyaki Chicken (2.5oz) Seasoned Rice (1/2c) Steamed Vegetable Medley (1/2c) Peaches <b>or</b> Pears in Juice (1/4c) Milk (8oz)	<b>28</b> Chicken in BBQ Sauce (3oz) Mashed Potatoes (1/2c) Fresh Fruit (1 piece) Soft Roll (1) Margarine (1) Milk (8oz)
<b>31</b> Macaroni & Cheese (2/3c) Pasta in entrée (1/2c) Vegetable Medley (1/2c) Mixed Fruit in juice (1/4c) Milk (8oz)			THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	



**Quality Culinary**  
**SUMMER MEALS SNACK**  
**JULY MENU**

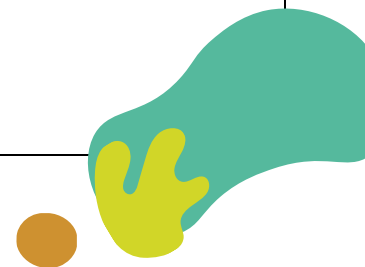
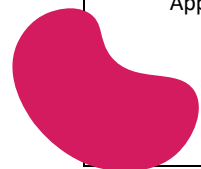


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 IW Muffin (2oz) 100% Juice (6oz)	4 CLOSED	5 IW Doritos or Corn Chips (1oz) IW Cheese Stick/Plank (1oz)	6 IW Savory or Cheetos/Cheese Crackers (0.8oz) 100% Juice (6oz)	7 IW Grain Fruit Bar (2.2oz) Vanilla or Fruit Yogurt Cup (4oz)
10 IW Savory or Cheetos/Cheese Crackers (0.8oz) 100% Juice (6oz)	11 IW Grain Fruit Bar (2.2oz) Milk (8oz)	12 IW Cookie Plain (1.1oz or with nuts/fruit/chocolate 2.2oz) Vanilla or Fruit Yogurt Cup (4oz)	13 IW Muffin (2oz) 100% Juice (6oz)	14 IW Doritos or Corn Chips (1oz) IW Cheese Stick/Plank (1oz)
17 IW Muffin (2oz) 100% Juice (6oz)	18 IW Animal Crackers (1oz) Milk (8oz)	19 IW Doritos or Corn Chips (1oz) IW Cheese Stick/Plank (1oz)	20 IW Savory or Cheetos/Cheese Crackers (0.8oz) 100% Juice (6oz)	21 IW Grain Fruit Bar (2.2oz) Vanilla or Fruit Yogurt Cup (4oz)
24 IW Muffin (2oz) 100% Juice (6oz)	25 IW Animal Crackers (1oz) Milk (8oz)	26 IW Doritos or Corn Chips (1oz) IW Cheese Stick/Plank (1oz)	27 IW Savory or Cheetos/Cheese Crackers (0.8oz) 100% Juice (6oz)	28 IW Grain Fruit Bar (2.2oz) Vanilla or Fruit Yogurt Cup (4oz)
31 IW Savory or Cheetos/Cheese Crackers (0.8oz) 100% Juice (6oz)		IW = Individually Wrapped	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	

**Quality Culinary**  
**SUMMER MEALS BREAKFAST**  
**JULY MENU**














MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> IW Cereal Bowl (1oz) Pineapple Cup in juice (4oz) Milk 8oz	<b>4</b> CLOSED	<b>5</b> IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz	<b>6</b> IW Pop Tart (2oz) Mandarins Cup in juice (4oz) Milk 8oz	<b>7</b> IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz
 <b>10</b> IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz	<b>11</b> IW Muffin (2oz) Peach of Pear Cup (4oz) Milk 8oz	<b>12</b> IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz	<b>13</b> IW Pop Tart (2oz) Mixed Fruit Cup in juice (4oz) Milk 8oz	<b>14</b> IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz
<b>17</b> IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz	<b>18</b> IW Muffin (2oz) Peach of Pear Cup in juice (4oz) Milk 8oz	<b>19</b> IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz	<b>20</b> IW Grain Fruit Bar (2oz) Pineapple Cup in juice (4oz) Milk 8oz	<b>21</b> IW Bagel (1oz) Fresh Fruit (1 piece) Fruit Spread  Cream Cheese (1) Milk 8oz
<b>24</b> IW Cereal Bowl (1oz) Pineapple Cup in juice (4oz) Milk 8oz	<b>25</b> IW Muffin (2oz) Peach of Pear Cup (4oz) Milk 8oz	<b>26</b> IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz	<b>27</b> IW Pop Tart (2oz) Mandarins Cup in juice (4oz) Milk 8oz	<b>28</b> IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz
<b>31</b> IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz		IW = Individually Wrapped Package  Serve a different flavor of cereal each day during the week	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	



**Quality Culinary**  
**SUMMER MEALS COLD LUNCH**  
**JULY MENU**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>BUNWICH</b> Tuna Salad (3oz) Carrot or Celery Sticks (1/2c) Fruit in Juice (1/4c) Bun (1) Ranch Dressing (1) Milk (8oz)	<b>4</b> <b>CLOSED</b>	<b>5</b> <b>SANDWICH</b> Turkey (2.4oz) Cheese Slice (1) Potato Salad (1/2c) 100% Juice (4-6oz) Bun (1) Mayonnaise (1) Milk (8oz)	<b>6</b> <b>ITALIAN SUB</b> Turkey (2oz) Beef/Turkey Pepperoni or Beef /Turkey Salami (.5oz) Cheese Slice (1) Celery  Carrot Sticks (1/2c) Fruit in Juice (1/4c) Bun (1) Mayonnaise & Ranch Dressing (1) Milk (8oz)	<b>7</b> <b>BUNWICH</b> Sliced Chicken (2oz) Cheese (.5oz) Celery  Carrot Sticks (1/2c) Fresh Fruit (1 piece) Bun (1) Mustard & Ranch Dressing Milk (8oz)
<b>10</b> <b>BUNWICH</b> Chicken Salad (3oz) Carrot or Celery Sticks (1/2c) Fruit in Juice (1/4c) Bun (1) Ranch Dressing (1) Milk (8oz)	<b>11</b> <b>SANDWICH</b> Turkey (2.4oz) Cheese Slice (1) Celery  Carrot Sticks (1/2c) Applesauce (1/4c) Sliced Bread (2) Mayonnaise & Ranch Dressing (1 ea) Milk (8oz)	<b>12</b> <b>MAC N CHEESE</b> Macaroni Salad (1/2c) Cheese Cubes (2oz)  Cheese Stick/Plank (2x1oz) Celery  Carrots Sticks (1/2c) 100% Juice (4-6oz) Ranch Dressing (1) Milk (8oz)	<b>13</b> <b>WRAP</b> Buffalo Seasoned Chicken (2,5oz) Potato Salad (1/2c) Fruit in Juice (1/4c) Tortilla (1) Mayonnaise & Ranch Dressing (1ea) Milk (8oz)	<b>14</b> <b>BUNWICH</b> Sliced Chicken (2oz) Cheese Slice (1) Coleslaw (1/2c) Fresh Fruit (1) Bun (1) Mustard (1) Milk (8oz)
<b>17</b> <b>BUNWICH</b> Tuna Salad (3oz) Carrot or Celery Sticks (1/2c) Fruit in Juice (1/4c) Bun (1) Ranch Dressing (1) Milk (8oz)	<b>18</b> <b>SANDWICH</b> Turkey (2.4oz) Cheese Slice (1) Celery  Carrot Sticks 1/2c) Mixed Fruit in Juice (1/4c) Sliced Bread (2) Mayonnaise & Ranch Dressing (1) Milk (8oz)	<b>19</b> <b>ITALIAN SUB</b> Turkey (2oz) Beef/Turkey Pepperoni or Beef /Turkey Salami (.5oz) Cheese Slice (1) Potato Salad (1/2c) 100% Juice (4-6oz) Bun (1) Mayonnaise (1) Milk (8oz)	<b>20</b> <b>BUNWICH</b> Chicken Salad (3oz) Coleslaw (1/2c) Peaches  Pears in Juice (1/4c) Bun (1) Milk (8oz)	<b>21</b> <b>MAC N CHEESE</b> Macaroni Salad (1/2c) Cheese Cubes (2oz)  Cheese Stick/Plank (2x1oz) Celery  Carrot Sticks (1/2c) Fresh Fruit (1 Piece) Ranch Dressing (1) Milk (8oz)
<b>24</b> <b>BUNWICH</b> Tuna Salad (3oz) Carrot or Celery Sticks (1/2c) Fruit in Juice (1/4c) Bun (1) Ranch Dressing (1) Milk (8oz)	<b>25</b> <b>BUNWICH</b> Chicken Salad (3oz) Coleslaw (1/2c) Applesauce (1/4c) Bun (1) Milk (8oz)	<b>26</b> <b>SANDWICH</b> Turkey (2.4oz) Cheese Slice (1) Potato Salad (1/2c) 100% Juice (4-6oz) Bun (1) Mayonnaise (1) Milk (8oz)	<b>27</b> <b>ITALIAN SUB</b> Turkey (2oz) Beef/Turkey Pepperoni or Beef /Turkey Salami (.5oz) Cheese Slice (1) Celery  Carrot Sticks (1/2c) Fruit in Juice (1/4c) Bun (1) Mayonnaise & Ranch Dressing (1) Milk (8oz)	<b>28</b> <b>BUNWICH</b> Sliced Chicken (2oz) Cheese (.5oz) Celery  Carrot Sticks (1/2c) Fresh Fruit (1 piece) Bun (1) Mustard & Ranch Dressing Milk (8oz)
<b>31</b> <b>BUNWICH</b> Chicken Salad (3oz) Carrot or Celery Sticks (1/2c) Fruit in Juice (1/4c) Bun (1)) Ranch Dressing (1) Milk (8oz)			THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	