

Quality Culinary
SUMMER MEALS SNACK
JUNE MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 IW Muffin (2oz) 100% Juice (6oz)	6 IW Animal Crackers (1oz) Milk (8oz)	7 IW Doritos or Corn Chips (1oz) IW Cheese Stick/Plank (1oz)	8 IW Savory or Cheetos/Cheese Crackers (0.8oz) 100% Juice (6oz)	9 IW Grain Fruit Bar (2.2oz) Vanilla or Fruit Yogurt Cup (4oz)
12 IW Savory or Cheetos/Cheese Crackers (0.8oz) 100% Juice (6oz)	13 IW Cookie Plain (1.1oz or with nuts/fruit/chocolate 2.2oz) Milk (8oz)	14 IW Doritos or Corn Chips (1oz) IW Cheese Stick/Plank (1oz)	15 IW Muffin (2oz) 100% Juice (6oz)	16 IW Graham or Animal Crackers (1oz) Vanilla or Fruit Yogurt Cup (4oz)
19 CLOSED	20 IW Grain Fruit Bar (2.2oz) Milk (8oz)	21 IW Cookie Plain (1.1oz or with nuts/fruit/chocolate 2.2oz) Vanilla or Fruit Yogurt Cup (4oz)	22 IW Muffin (2oz) 100% Juice (6oz)	23 IW Doritos or Corn Chips (1oz) IW Cheese Stick/Plank (1oz)
26 IW Muffin (2oz) 100% Juice (6oz)	27 IW Animal Crackers (1oz) Milk (8oz)	28 IW Doritos or Corn Chips (1oz) IW Cheese Stick/Plank (1oz)	29 IW Savory or Cheetos/Cheese Crackers (0.8oz) 100% Juice (6oz)	30 IW Grain Fruit Bar (2.2oz) Vanilla or Fruit Yogurt Cup (4oz)
IW = Individually Wrapped				

Quality Culinary
SUMMER MEALS HOT LUNCH
JUNE MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 *Baked Ziti Pasta (3/4c) Meat/Cheese in entree (2oz) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mandarins in juice (1/4c) Milk (8oz)	6 Taco Seasoned Chicken (3oz) Tortilla (1) Black Beans with Corn (1/2c) Mixed Fruit in Juice (1/4c) Mild Salsa (1) Milk (8oz)	7 *Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and Pasta (1c) serving Steamed Peas & Carrots (1/2c) 100% Juice (4-6oz) Milk (8oz)	8 *Breaded Chicken Patty (3oz) Oven Baked Potato Wedges or Tater Tots (1/2c) Peaches or Pears in Juice (1/4c) Bun (1) Ketchup & Mayonnaise (1 ea) Milk (8oz)	9 Fajita Seasoned Chicken (2.5oz) Seasoned Rice (1/2c) Steamed Vegetable Medley (1/2c) Fresh Fruit (1 piece) Milk (8oz)
12 *Chicken Alfredo Pasta (1c) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)	13 Taco Seasoned Ground Beef (3oz) Black Beans with Corn (1/2c) Applesauce (1/4c) Tortilla (1) Mild Salsa (1) Milk (8oz)	14 *Beefaroni Pasta (3/4c) Steamed Peas & Carrots(1/2c) 100% Juice (4-6oz) Milk (8oz)	15 Teriyaki Chicken (2.5oz) Seasoned Rice (1/2c) Steamed Vegetable Medley (1/2c) Peaches or Pears in Juice (1/4c) Milk (8oz)	16 Chicken in BBQ Sauce (3oz) Mashed Potatoes (1/2c) Fresh Fruit (1 piece) Soft Roll (1) Margarine (1) Milk (8oz)
19 CLOSED	20 Taco Seasoned Ground Beef (3oz) Black Beans * Corn(1/2c) Applesauce (1/4c) Tortilla (1) Mild Salsa (1) Milk (8oz)	21 *Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and Pasta (1c) serving Steamed Green Beans (1/2c) 100% Juice (4-6oz) Milk (8oz)	22 *Beef, Turkey or Chicken Hotdog (2oz) Bun (1) Oven Baked Potato Wedges or Tater Tots (1/2c) Pineapple Tidbits in Juice (1/4c) Milk (8oz)	23 Fajita Seasoned Chicken (2.5oz) Seasoned Rice (1/2c) Steamed Peas & Carrots (1/2c) Fresh Fruit (1 piece) Milk (8oz)
26 *Baked Ziti Pasta (3/4c) Meat/Cheese in entree (2oz) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mandarins in juice (1/4c) Milk (8oz)	27 Taco Seasoned Chicken (3oz) Tortilla (1) Black Beans with Corn (1/2c) Mixed Fruit in Juice (1/4c) Mild Salsa (1) Milk (8oz)	28 *Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and Pasta (1c) serving Steamed Peas & Carrots (1/2c) 100% Juice (4-6oz) Milk (8oz)	29 *Breaded Chicken Patty (3oz) Oven Baked Potato Wedges or Tater Tots (1/2c) Peaches or Pears in Juice (1/4c) Bun (1) Ketchup & Mayonnaise (1 ea) Milk (8oz)	30 Fajita Seasoned Chicken (2.5oz) Seasoned Rice (1/2c) Steamed Vegetable Medley (1/2c) Fresh Fruit (1 piece) Milk (8oz)

Quality Culinary
SUMMER MEALS COLD LUNCH
JUNE MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 CAESAR SALAD TOPPER Chicken in Caesar Dressing (2oz) Cheese Shreds (.5oz) Green Salad (1c) Mandarins in Juice (1/4c) IW Soft Roll (1) Salad Dressing (1) Milk (8oz)	6 SANDWICH Turkey (2.4oz) Cheese Slice (1) Celery or Carrot Sticks 1/2c) Mixed Fruit in Juice (1/4c) Sliced Bread (2) Mayonnaise & Ranch Dressing (1) Milk (8oz)	7 ITALIAN SUB Turkey (2oz) Beef/Turkey Pepperoni or Beef /Turkey Salami (.5oz) Cheese Slice (1) Potato Salad (1/2c) 100% Juice (4-6oz) Bun (1) Mayonnaise (1) Milk (8oz)	8 BUNWICH Chicken Salad (3oz) Coleslaw (1/2c) Peaches or Pears in Juice (1/4c) Bun (1) Milk (8oz)	9 MAC N CHEESE Macaroni Salad (1/2c) Cheese Cubes (2oz) or Cheese Stick/Plank (2x1oz) Celery or Carrot Sticks (1/2c) Fresh Fruit (1 Piece) Ranch Dressing (1) Milk (8oz)
12 CHEF SALAD TOPPER Deli Turkey (2.4oz) Cheese Shreds (.5oz) Green Salad (1c) Mixed Fruit in Juice (1/4c) IW Soft Roll (1) Salad Dressing & Margarine (1) Milk (8oz)	13 BUNWICH Chicken Salad (3oz) Coleslaw (1/2c) Applesauce (1/4c) Bun (1) Milk (8oz)	14 SANDWICH Turkey (2.4oz) Cheese Slice (1) Potato Salad (1/2c) 100% Juice (4-6oz) Bun (1) Mayonnaise (1) Milk (8oz)	15 ITALIAN SUB Turkey (2oz) Beef/Turkey Pepperoni or Beef /Turkey Salami (.5oz) Cheese Slice (1) Celery or Carrot Sticks (1/2c) Peaches or Pears in Juice (1/4c) Bun (1) Mayonnaise & Ranch Dressing (1) Milk (8oz)	16 BUNWICH Sliced Chicken (2oz) Cheese (.5oz) Celery or Carrot Sticks (1/2c) Fresh Fruit (1 piece) Bun (1) Mustard & Ranch Dressing Milk (8oz)
19 CLOSED	20 SANDWICH Turkey (2.4oz) Cheese Slice (1) Celery or Carrot Sticks (1/2c) Applesauce (1/4c) Sliced Bread (2) Mayonnaise & Ranch Dressing (1 ea) Milk (8oz)	21 MAC N CHEESE Macaroni Salad (1/2c) Cheese Cubes (2oz) or Cheese Stick/Plank (2x1oz) Celery or Carrots Sticks (1/2c) 100% Juice (4-6oz) Ranch Dressing (1) Milk (8oz)	22 WRAP Buffalo Seasoned Chicken (2,5oz) Green Salad (1c) Celery or Carrot Sticks (1/2c) Pineapple in Juice (1/4c) Tortilla (1) Mayonnaise & Ranch Dressing (1ea) Milk (8oz)	23 BUNWICH Sliced Chicken (2oz) Cheese Slice (1) Coleslaw (1/2c) Fresh Fruit (1) Bun (1) Mustard (1) Milk (8oz)
26 CAESAR SALAD TOPPER Chicken in Caesar Dressing (2oz) Cheese Shreds (.5oz) Green Salad (1c) Mandarins in Juice (1/4c) IW Soft Roll (1) Salad Dressing (1) Milk (8oz)	27 SANDWICH Turkey (2.4oz) Cheese Slice (1) Celery or Carrot Sticks 1/2c) Mixed Fruit in Juice (1/4c) Sliced Bread (2) Mayonnaise & Ranch Dressing (1) Milk (8oz)	28 ITALIAN SUB Turkey (2oz) Beef/Turkey Pepperoni or Beef /Turkey Salami (.5oz) Cheese Slice (1) Potato Salad (1/2c) 100% Juice (4-6oz) Bun (1) Mayonnaise (1) Milk (8oz)	29 BUNWICH Chicken Salad (3oz) Coleslaw (1/2c) Peaches or Pears in Juice (1/4c) Bun (1) Milk (8oz)	30 MAC N CHEESE Macaroni Salad (1/2c) Cheese Cubes (2oz) or Cheese Stick/Plank (2x1oz) Celery or Carrot Sticks (1/2c) Fresh Fruit (1 Piece) Ranch Dressing (1) Milk (8oz)

Quality Culinary
SUMMER MEALS BREAKFAST
JUNE MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz	6 IW Muffin (2oz) Peach of Pear Cup in juice (4oz) Milk 8oz	7 IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz	8 IW Grain Fruit Bar (2oz) Pineapple Cup in juice (4oz) Milk 8oz	9 IW Bagel (1oz) Fresh Fruit (1 piece) Fruit Spread or Cream Cheese (1) Milk 8oz
12 IW Cereal Bowl (1oz) Pineapple Cup in juice (4oz) Milk 8oz	13 IW Muffin (2oz) Peach of Pear Cup (4oz) Milk 8oz	14 IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz	15 IW Pop Tart (2oz) Mandarins Cup in juice (4oz) Milk 8oz	16 IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz
19 CLOSED	20 IW Muffin (2oz) Peach of Pear Cup (4oz) Milk 8oz	21 IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz	22 IW Pop Tart (2oz) Mixed Fruit Cup in juice (4oz) Milk 8oz	23 IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz
26 IW Cereal Bowl (1oz) Applesauce Cup (4oz) Milk 8oz	27 IW Muffin (2oz) Peach of Pear Cup in juice (4oz) Milk 8oz	28 IW Cereal Bowl (1oz) Fresh Fruit (1 piece) Milk 8oz	29 IW Grain Fruit Bar (2oz) Pineapple Cup in juice (4oz) Milk 8oz	30 IW Bagel (1oz) Fresh Fruit (1 piece) Fruit Spread or Cream Cheese (1) Milk 8oz
IW = Individually Wrapped Package Serve a different flavor of cereal each day during the week				

