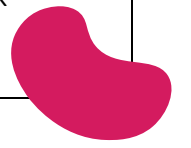
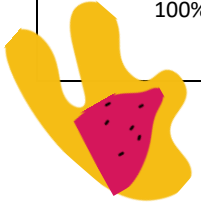


Quality Culinary
SUMMER MEALS SNACK
JULY-AUGUST MENU



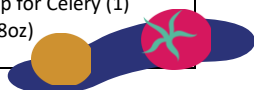
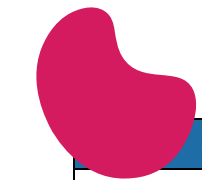
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	2 IW Cookie Plain (1.1oz or with fruit/chocolate NO NUTS (2.2oz) Milk (8oz)	3 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)	4 CLOSED THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	5 IW Graham or Animal Crackers (1oz) Milk (8oz)
8 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	9 IW Animal Crackers or Graham Crackers(1oz) Milk (8oz)	10 IW Snack Mix (1.75oz) 100% Juice (6oz)	11 IW Cookie Plain (1.1oz or with fruit/chocolate NO NUTS (2.2oz) Milk (8oz)	12 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)
15 IW Snack Mix (1.75oz) 100% Juice (6oz)	16 IW Animal Crackers or Graham Crackers(1oz) Milk (8oz)	17 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)	18 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	19 IW Muffin(2oz) Milk (8oz)
22 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	23 IW Cookie Plain (1.1oz or with fruit/chocolate NO NUTS (2.2oz) Milk (8oz)	24 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)	25 IW Muffin (2oz) 100% Juice (6oz)	26 IW Graham or Animal Crackers (1oz) Milk (8oz)
29 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	30 IW Animal Crackers or Graham Crackers(1oz) Milk (8oz)	31 IW Snack Mix (1.75oz) 100% Juice (6oz)	August 1 IW Cookie Plain (1.1oz or with fruit/chocolate NO NUTS (2.2oz) Milk (8oz)	August 2 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)



Quality Culinary
SUMMER MEALS COLD LUNCH
JULY-AUGUST MENU













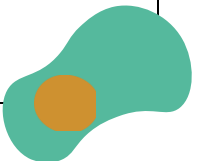
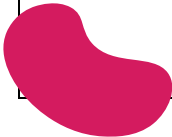
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">1</p> <p align="center"><u>Bunwich</u></p> <p>Sliced Chicken (2.26oz) Cheese Slice(1) Bun (1) Fresh Fruit (1 piece) Pears or Peaches in Juice (1/4c) Mayonnaise (1) Milk (8oz)</p>	<p align="center">2</p> <p align="center"><u>Sandwich</u></p> <p>Ham (1.83oz) Cheese Slice (1) Sliced Bread (2) Carrots (1/2c) Mixed Fruit in Juice (1/4c) Mayonnaise or Mustard (1) Dip for Carrots (1) Milk (8oz)</p>	<p align="center">3</p> <p align="center"><u>Tuna Mac</u></p> <p>Tuna Macaroni Salad (3/4c) Macaroni in entree (1/2c) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1 piece) Milk (8oz)</p>	<p align="center">4</p> <p align="center">CLOSED</p> <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES</p>	<p align="center">5</p> <p align="center"><u>Sandwich</u></p> <p>Sliced Turkey (2.26oz) Cheese Slice (1) Bread (2) Celery Slims (1/2c) Mandarins in Juice (1/4c) Mayonnaise & Dip for Celery (1) Milk (8oz)</p>
<p align="center">8</p> <p align="center"><u>Sub Roll</u></p> <p>Sliced Ham (1.13oz) Sliced Pepperoni or Salami (.5oz) Cheese Slice (1) Sub Roll (1) Fresh Fruit (1 piece) Pears or Peaches in Juice (1/4c) Mayonnaise (1) Milk (8oz)</p>	<p align="center">9</p> <p align="center"><u>Bunwich</u></p> <p>Bologna (2oz) Cheese Slice (1) Bun (1) Carrots (1/2c) Applesauce (1/4c) Mayonnaise or Mustard (1) Dip for Carrots (1) Milk (8oz)</p>	<p align="center">10</p> <p align="center"><u>Tuna Mac</u></p> <p>Tuna Macaroni Salad (3/4c) Macaroni in entree (1/2c) Celery Slims (1/2c) Fresh Fruit (1 piece) Dip for Celery (1) Milk (8oz)</p>	<p align="center">11</p> <p align="center"><u>Wrap</u></p> <p>Fajita Chicken (2.5oz) Tortilla (1) Coleslaw (1/2c) Pineapple in Juice (1/4c) Milk (8oz)</p>	<p align="center">12</p> <p align="center"><u>Sandwich</u></p> <p>Sliced Turkey (2.26oz) Cheese Slice (1) Bread (2) Carrot, Raisin, Pineapple Salad (1/2c) Mandarins in Juice (1/4c) Mayonnaise (1) Milk (8oz)</p>
<p align="center">15</p> <p align="center"><u>Bunwich</u></p> <p>Sliced Chicken (2.26oz) Cheese Slice(1) Bun (1) Fresh Fruit (1 piece) Pears or Peaches in Juice (1/4c) Mayonnaise (1) Milk (8oz)</p>	<p align="center">16</p> <p align="center"><u>Sandwich</u></p> <p>Ham (1.83oz) Cheese Slice (1) Sliced Bread (2) Carrots (1/2c) Mixed Fruit in Juice (1/4c) Mayonnaise or Mustard (1) Dip for Carrots (1) Milk (8oz)</p>	<p align="center">17</p> <p align="center"><u>Tuna Mac</u></p> <p>Tuna Macaroni Salad (3/4c) Macaroni in entree (1/2c) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1 piece) Milk (8oz)</p>	<p align="center">18</p> <p align="center"><u>Wrap</u></p> <p>Buffalo Chicken (2.5oz) Tortilla (1) Coleslaw (1/2c) Pineapple in Juice (1/4c) Milk (8oz)</p>	<p align="center">19</p> <p align="center"><u>Sandwich</u></p> <p>Sliced Turkey (2.26oz) Cheese Slice (1) Bread (2) Celery Slims (1/2c) Mandarins in Juice (1/4c) Mayonnaise & Dip for Celery (1) Milk (8oz)</p>
<p align="center">22</p> <p align="center"><u>Sub Roll</u></p> <p>Sliced Ham (1.13oz) Sliced Pepperoni or Salami (.5oz) Cheese Slice (1) Sub Roll (1) Fresh Fruit (1 piece) Pears or Peaches in Juice (1/4c) Mayonnaise (1) Milk (8oz)</p>	<p align="center">23</p> <p align="center"><u>Bunwich</u></p> <p>Bologna (2oz) Cheese Slice (1) Bun (1) Carrots (1/2c) Applesauce (1/4c) Mayonnaise or Mustard (1) Dip for Carrots (1) Milk (8oz)</p>	<p align="center">24</p> <p align="center"><u>Tuna Mac</u></p> <p>Tuna Macaroni Salad (3/4c) Macaroni in entree (1/2c) Celery Slims (1/2c) Fresh Fruit (1 piece) Dip for Celery (1) Milk (8oz)</p>	<p align="center">25</p> <p align="center"><u>Wrap</u></p> <p>Fajita Chicken (2.5oz) Tortilla (1) Coleslaw (1/2c) Pineapple in Juice (1/4c) Milk (8oz)</p>	<p align="center">26</p> <p align="center"><u>Sandwich</u></p> <p>Sliced Turkey (2.26oz) Cheese Slice (1) Bread (2) Carrot, Raisin, Pineapple Salad (1/2c) Mandarins in Juice (1/4c) Mayonnaise (1) Milk (8oz)</p>
<p align="center">29</p> <p align="center"><u>Bunwich</u></p> <p>Sliced Chicken (2.26oz) Cheese Slice(1) Bun (1) Fresh Fruit (1 piece) Pears or Peaches in Juice (1/4c) Mayonnaise (1) Milk (8oz)</p>	<p align="center">30</p> <p align="center"><u>Sandwich</u></p> <p>Ham (1.83oz) Cheese Slice (1) Sliced Bread (2) Carrots (1/2c) Mixed Fruit in Juice (1/4c) Mayonnaise or Mustard (1) Dip for Carrots (1) Milk (8oz)</p>	<p align="center">31</p> <p align="center"><u>Tuna Mac</u></p> <p>Tuna Macaroni Salad (3/4c) Macaroni in entree (1/2c) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1 piece) Milk (8oz)</p>	<p align="center">August 1</p> <p align="center"><u>Wrap</u></p> <p>Buffalo Chicken (2.5oz) Tortilla (1) Coleslaw (1/2c) Pineapple in Juice (1/4c) Milk (8oz)</p>	<p align="center">August 2</p> <p align="center"><u>Sandwich</u></p> <p>Sliced Turkey (2.26oz) Cheese Slice (1) Bread (2) Celery Slims (1/2c) Mandarins in Juice (1/4c) Mayonnaise & Dip for Celery (1) Milk (8oz)</p>





QUALITY CULINARY
SUMMER MEALS BREAKFAST
JULY-AUGUST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">1</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Applesauce Cup (1/2c) Milk 8oz	<p align="center">2</p> IW Muffin (2oz) Fresh Fruit (1 piece) Milk 8oz	<p align="center">3</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Fruit Cup in Juice (1/2c) Milk 8oz	<p align="center">4</p> CLOSED THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	<p align="center">5</p> IW Strawberry Yogurt Chex Mix (1.3oz) Fresh Fruit (1 piece) Milk 8oz
<p align="center">8</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Applesauce Cup (1/2c) Milk 8oz	<p align="center">9</p> IW Muffin (2oz) Fresh Fruit (1 piece) Milk 8oz	<p align="center">10</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Fruit Cup in Juice (1/2c) Milk 8oz	<p align="center">11</p> IW Toaster Pastry pack of 2 (3.3oz) Fruit Cup in juice (1/2c) Milk 8oz	<p align="center">12</p> IW Sweet Roll (2oz unfrosted, 2.4oz frosted) Fresh Fruit (1 piece) Milk 8oz
<p align="center">15</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Applesauce Cup (1/2c) Milk 8oz	<p align="center">16</p> IW Muffin (2oz) Fresh Fruit (1 piece) Milk 8oz	<p align="center">17</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Fruit Cup in Juice (1/2c) Milk 8oz	<p align="center">18</p> IW Strawberry Yogurt Chex Mix (1.3oz) Fruit Cup in Juice (1/2c) Milk 8oz	<p align="center">19</p> IW Bagel (1oz) Fresh Fruit (1 piece) Fruit Spread (1) Milk 8oz
<p align="center">22</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Applesauce Cup (1/2c) Milk 8oz	<p align="center">23</p> IW Muffin (2oz) Fresh Fruit (1 piece) Milk 8oz	<p align="center">24</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Fruit Cup in Juice (1/2c) Milk 8oz	<p align="center">25</p> IW Toaster Pastry pack of 2 (3.3oz) Fruit Cup in juice (1/2c) Milk 8oz	<p align="center">26</p> IW Strawberry Yogurt Chex Mix (1.3oz) Fresh Fruit (1 piece) Milk 8oz
<p align="center">29</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Applesauce Cup (1/2c) Milk 8oz	<p align="center">30</p> IW Muffin (2oz) Fresh Fruit (1 piece) Milk 8oz	<p align="center">31</p> IW Cereal Bowl (1oz)  Cereal Bar (1.42oz) Fruit Cup in Juice (1/2c) Milk 8oz	<p align="center">August 1</p> IW Toaster Pastry pack of 2 (3.3oz) Fruit Cup in juice (1/2c) Milk 8oz	<p align="center">August 2</p> IW Sweet Roll (2oz unfrosted, 2.4oz frosted) Fresh Fruit (1 piece) Milk 8oz



Quality Culinary
SUMMER MEALS HOT LUNCH
JULY-AUGUST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">1</p> <p>*Chicken Alfredo Pasta (1c) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">2</p> <p>Taco Seasoned Ground Beef (2.5oz) Tortilla(1) Corn (1/2c) Applesauce (1/4c) Milk (8oz)</p>	<p style="text-align: center;">3</p> <p>*Beefaroni Pasta (3/4c) Pasta in entrée (1/2c) Steamed Peas & Carrots(1/2c) Pineapple in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">4</p> <p style="text-align: center;">CLOSED</p> <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCIÓN ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES</p>	<p style="text-align: center;">5</p> <p>Sloppy Joe (3oz) Bun (1) Oven Baked Potato Wedges or Tater Tots (1/2c) Fresh Fruit (1 piece) Milk (8oz)</p>
<p style="text-align: center;">8</p> <p>*Macaroni & Cheese (1c) Pasta in entrée (1/2c) Mixed Vegetables (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">9</p> <p>Taco Seasoned Ground Beef (2.5oz) Tortilla(1) Corn (1/2c) Applesauce (1/4c) Milk (8oz)</p>	<p style="text-align: center;">10</p> <p>*Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce (1c) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Pineapple in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">11</p> <p>*Beef, Turkey or Chicken Hotdog (2oz) Bun (1) Oven Baked Potato Wedges or Tater Tots (1/2c) Mandarins in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">12</p> <p>Seasoned Chicken and Rice (3/4c) Rice in entrée (1/2c) Steamed Peas & Carrots (1/2c) Fresh Fruit (1 piece) Milk (8oz)</p>
<p style="text-align: center;">15</p> <p>*Baked Ziti Pasta (3/4c) Meat/Cheese in entree (2oz) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mandarins in juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">16</p> <p>Taco Seasoned Ground Beef Tortilla (1) Corn (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">17</p> <p>*Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and Pasta (1c) Steamed Peas & Carrots (1/2c) Pineapple in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">18</p> <p>*Breaded Chicken Patty (3oz) Bun (1) Oven Baked Potato Wedges or Tater Tots (1/2c) Peaches or Pears in Juice (1/4c) Mayonnaise or Mustard (1) Milk (8oz)</p>	<p style="text-align: center;">19</p> <p>*Beef, Turkey or Chicken Hot Dog (2oz) Bun (1) Mixed Vegetables (1/2c) Fresh Fruit (1 piece) Ketchup & Mustard (1) Milk (8oz)</p>
<p style="text-align: center;">22</p> <p>*Chicken Alfredo Pasta (1c) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">23</p> <p>Taco Seasoned Ground Beef (2.5oz) Tortilla(1) Corn (1/2c) Applesauce (1/4c) Milk (8oz)</p>	<p style="text-align: center;">24</p> <p>*Beefaroni Pasta (3/4c) Pasta in entrée (1/2c) Steamed Peas & Carrots(1/2c) Pineapple in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">25</p> <p>Chicken Nuggets (5) Seasoned Rice (1/2c) Steamed Vegetable Medley (1/2c) Peaches or Pears in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">26</p> <p>Sloppy Joe (3oz) Bun (1) Oven Baked Potato Wedges or Tater Tots (1/2c) Fresh Fruit (1 piece) Milk (8oz)</p>
<p style="text-align: center;">29</p> <p>*Macaroni & Cheese (1c) Pasta in entrée (1/2c) Mixed Vegetables (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">30</p> <p>Taco Seasoned Ground Beef (2.5oz) Tortilla(1) Corn (1/2c) Applesauce (1/4c) Milk (8oz)</p>	<p style="text-align: center;">31</p> <p>*Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce (1c) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Pineapple in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">August 1</p> <p>*Beef, Turkey or Chicken Hotdog (2oz) Bun (1) Oven Baked Potato Wedges or Tater Tots (1/2c) Mandarins in Juice (1/4c) Milk (8oz)</p>	<p style="text-align: center;">August 2</p> <p>Seasoned Chicken and Rice (3/4c) Rice in entrée (1/2c) Steamed Peas & Carrots (1/2c) Fresh Fruit (1 piece) Milk (8oz)</p>