

QUALITY CULINARY

SUMMER MEALS BREAKFAST JUNE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 IW Cereal Bowl (1oz) or Cereal Bar (1.42oz) Applesauce Cup (1/2c) Milk 8oz	4 IW Muffin (20z) Fresh Fruit (1 piece) Milk 80z	5 IW Cereal Bowl (10z) <mark>or</mark> Cereal Bar (1.42oz) Fruit Cup in Juice (1/2c) Milk 8oz	6 IW Strawberry Yogurt Chex Mix (1.3oz) Fruit Cup in Juice (1/2c) Milk 8oz	7 IW Bagel (1oz) Fresh Fruit (1 piece) Fruit Spread (1) Milk 8oz
IO IW Cereal Bowl (1oz) or Cereal Bar (1.42oz) Applesauce Cup (1/2c) Milk 8oz	11 IW Muffin (20z) Fresh Fruit (1 piece) Milk 80z	I2 IW Cereal Bowl (1oz) or Cereal Bar (1.42oz) Fruit Cup in Juice (1/2c) Milk 8oz	13 IW Toaster Pastry pack of 2 (3.3oz) Fruit Cup in juice (4oz) Milk 8oz	14 IW Strawberry Yogurt Chex Mix (1.3oz Fresh Fruit (1 piece) Milk 8oz
17 IW Cereal Bowl (1oz) or Cereal Bar (1.42oz) Applesauce Cup (1/2c) Milk 8oz	18 IW Muffin (20z) Fresh Fruit (1 piece) Milk 80z	19 CLOSED	20 IW Toaster Pastry pack of 2 (3.3oz) Fruit Cup in juice (4oz) Milk 8oz	21 IW Sweet Roll (2oz unfrosted, 2.4oz frosted) Fresh Fruit (1 piece) Milk 8oz
24 IW Cereal Bowl (1oz) or Cereal Bar (1.42oz) Applesauce Cup (1/2c) Milk 8oz	25 IW Muffin (20z) Fresh Fruit (1 piece) Milk 80z	26 IW Cereal Bowl (1oz) or Cereal Bar (1.42oz) Fruit Cup in Juice (1/2c) Milk 8oz	27 IW Strawberry Yogurt Chex Mix (1.3oz) Fruit Cup in Juice (1/2c) Milk 8oz	28 IW Bagel (1oz) Fresh Fruit (1 piece) Fruit Spread (1) Milk 8oz
IW = Individually Wrapped Package			THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	

Quality Culinary

SUMMER MEALS HOT LUNCH JUNE MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Baked Ziti Pasta (3/4c) Meat/Cheese in entree (2oz) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mandarins in juice (1/4c) Milk (8oz)	4 Taco Seasoned Chicken (2.5oz) Tortilla (1) Corn (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)	*Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and Pasta (1c) Steamed Peas & Carrots (1/2c) Pineapple in Juice (1/4c) Milk (8oz)	6 *Breaded Chicken Patty (3oz) Bun (1) Oven Baked Potato Wedges or Tater Tots (1/2c) Peaches or Pears in Juice (1/4c) Mayonnaise or Mustard (1) Milk (8oz)	*Beef, Turkey or Chicken Hot Dog (2oz) Bun (1) Mixed Vegetables (1/2c) Fresh Fruit (1 piece) Ketchup & Mustard (1) Milk (8oz)
*Chicken Alfredo Pasta (1c) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)	T1 Taco Seasoned Ground Beef (2.5oz) Tortilla(1) Corn (1/2c) Applesauce (1/4c) Milk (8oz)	*Beefaroni Pasta (3/4c) Steamed Peas & Carrots(1/2c) Pineapple in Juice (1/4c) Milk (8oz)	13 Chicken Nuggets (5) Seasoned Rice (1/2c) Steamed Vegetable Medley (1/2c) Peaches or Pears in Juice (1/4c) Milk (8oz)	14 Sloppy Joe (3oz) Bun (1) Oven Baked Potato Wedges Tater Tots (1/2c) Fresh Fruit (1 piece) Milk (8oz)
*Macaroni & Cheese (1c) Mixed Vegetables (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)	Taco Seasoned Ground Beef (2.5oz) Tortilla(1) Corn (1/2c) Applesauce (1/4c) Milk (8oz)	19 CLOSED	*Beef, Turkey or Chicken Hotdog (2oz) Bun (1) Oven Baked Potato Wedges or Tater Tots (1/2c) Mandarins in Juice (1/4c) Milk (8oz)	Seasoned Chicken and Rice (3/4c) Steamed Peas & Carrots (1/2d Fresh Fruit (1 piece) Milk (8oz)
*Baked Ziti Pasta (3/4c) Meat/Cheese in entree (2oz) Pasta in entrée (1/2c) Steamed Green Beans (1/2c) Mandarins in juice (1/4c) Milk (8oz)	25 Taco Seasoned Chicken (2.5oz) Tortilla (1) Corn (1/2c) Mixed Fruit in Juice (1/4c) Milk (8oz)	*Spaghetti & Meat Sauce Ground Beef/Turkey with Tomato Sauce and Pasta (1c) Steamed Peas & Carrots (1/2c) Pineapple in Juice (1/4c) Milk (8oz)	*Breaded Chicken Patty (3oz) Bun (1) Oven Baked Potato Wedges or Tater Tots (1/2c) Peaches or Pears in Juice (1/4c) Mayonnaise or Mustard (1) Milk (8oz)	*Beef, Turkey or Chicken Hot Dog (2oz) Bun (1) Mixed Vegetables (1/2c) Fresh Fruit (1 piece) Ketchup & Mustard (1) Milk (8oz)
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Quality Culinary SUMMER MEALS COLD LUNCH JUNE MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Bunwich liced Chicken (2.26oz) Cheese Slice(1) Bun (1) Fresh Fruit (1 piece) Pears or Peaches in Juice (1/4c) Mayonnaise (1) Milk (8oz)	4 Sandwich Ham (1.83oz) Cheese Slice (1) Sliced Bread (2) Carrots (1/2c) Mixed Fruit in Juice (1/4c) Mayonnaise or Mustard (1) Dip for Carrots (1) Milk (8oz)	5 Tuna Mac Tuna Macaroni Salad (3/4c) Carrot, Raisin, Pineapple Salad (1/2c) Fresh Fruit (1 piece) Milk (8oz)	6 Wrap Buffalo Chicken (2.5oz) Tortilla (1) Coleslaw (1/2c) Pineapple in Juice (1/4c) Milk (8oz)	7 Sandwich Sliced Turkey (2.26oz) Cheese Slice (1 Bread (2) Celery Slims (1/2c) Mandarins in Juice (1/4c) Mayonnaise & Dip for Celery (1) Milk (8oz)
Sub Roll Sliced Ham (1.13oz) Sliced Pepperoni or Salami (.5oz) Cheese Slice (1) Sub Roll (1) Fresh Fruit (1 piece) Pears or Peaches in Juice (1/4c) Mayonnaise (1) Milk (8oz)	Bunwich Bologna (2oz) Cheese Slice (1) Bun (1) Carrots (1/2c) Applesauce (1/4c) Mayonnaise or Mustard (1) Dip for Carrots (1) Milk (8oz)	Tuna Mac Tuna Mac Tuna Macaroni Salad (3/4c) Celery Slims (1/2c) Fresh Fruit (1 piece) Dip for Celery (1) Milk (8oz)	13 Wrap Fajita Chicken (2.5oz) Tortilla (1) Coleslaw (1/2c) Pineapple in Juice (1/4c) Milk (8oz)	14 Sandwich Sliced Turkey (2.26oz) Cheese Slice (1) Bread (2) Carrot, Raisin, Pineapple Salad (1/2c) Mandarins in Juice (1/4c) Mayonnaise (1) Milk (8oz)
17 Bunwich Sliced Chicken (2.26oz) Cheese Slice(1) Bun (1) Fresh Fruit (1 piece) Pears or Peaches in Juice (1/4c) Mayonnaise (1) Milk (8oz)	18 Sandwich Ham (1.83oz) Cheese Slice (1) Sliced Bread (2) Carrots (1/2c) Mixed Fruit in Juice (1/4c) Mayonnaise or Mustard (1) Dip for Carrots (1) Milk (8oz)	19 CLOSED	20 Wrap Buffalo Chicken (2.5oz) Tortilla (1) Coleslaw (1/2c) Pineapple in Juice (1/4c) Milk (8oz)	21 Sandwich Sliced Turkey (2.26oz) Cheese Slice (1) Bread (2) Celery Slims (1/2c) Mandarins in Juice (1/4c) Mayonnaise & Dip for Celery (1) Milk (8oz)
24 Sub Roll Sliced Ham (1.13oz) Sliced Pepperoni or Salami (.5oz) Cheese Slice (1) Sub Roll (1) Fresh Fruit (1 piece) Pears or Peaches in Juice (1/4c) Mayonnaise (1) Milk (8oz)	25 Bunwich Bologna (2oz) Cheese Slice (1) Bun (1) Carrots (1/2c) Applesauce (1/4c) Mayonnaise or Mustard (1) Dip for Carrots (1) Milk (8oz)	26 Tuna Mac Tuna Mac Tuna Macaroni Salad (3/4c) Celery Slims (1/2c) Fresh Fruit (1 piece) Dip for Celery (1) Milk (8oz)	Wrap Fajita Chicken (2.5oz) Tortilla (1) Coleslaw (1/2c) Pineapple in Juice (1/4c) Milk (8oz)	28 Sandwich Sliced Turkey (2.26oz) Cheese Slice (1 Bread (2) Carrot, Raisin, Pineapple Salad (1/2c) Mandarins in Juice (1/4c) Mayonnaise (1) Milk (8oz)
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Quality Culinary SUMMER MEALS SNACK JUNE MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 IW Snack Mix (1.75oz) 100% Juice (6oz)	4 IW Animal Crackers or Graham Crackers(1oz) Milk (8oz)	5 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)	6 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	7 IW Muffin(20z) Milk (80z)
10 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	11 IW Cookie Plain (1.1oz or with nuts/fruit/chocolate 2.2oz) Milk (8oz)	12 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)	13 IW Muffin (2oz) 100% Juice (6oz)	14 IW Graham or Animal Crackers (10: Milk (8oz)
17 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	18 IW Muffin(20z) Milk (80z)	19 CLOSED	20 IW Cookie Plain (1.1oz or with nuts/fruit/chocolate 2.2oz) Milk (8oz)	21 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)
24 IW Snack Mix (1.75oz) 100% Juice (6oz)	25 IW Animal Crackers or Graham Crackers(1oz) Milk (8oz)	26 IW Doritos or Corn Chips (.7oz) IW Cheese Stick/Plank (1oz)	27 IW Savory or Cheetos/Cheese Crackers (.8oz) 100% Juice (6oz)	28 IW Muffin(2oz) Milk (8oz)
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