



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 – Turkey & Cheese Wrap Apple Sauce Cup Carrot Sticks Mayonnaise & Ranch Dressing Packet 1% Milk	2 - *USDA Sloppy Joe -BBQ Turkey on WW/Enriched Bun Black Beans Corn 1% Milk	3 - *USDA Egg Salad WW/Enriched Bread or Bun Fresh Banana or Orange Pickle Slices 1% Milk	4- *USDA Beefaroni Ground Beef Tomato Sauce WG/Enriched Pasta Steamed Carrots & Peas 1% Milk
7 – Turkey Meatballs (3) in Gravy Brown Rice Steamed Green Beans Applesauce 1% Milk	8 – Beef Bologna & Cheese Sandwich Mixed Green Salad with Shredded Carrots & Tomato Cucumber Slices Mayonnaise or Mustard Packet Ranch Dressing Packets 1% Milk	9 - *BBQ Chicken Drumstick Black Beans Corn WG/Enriched Dinner Roll Margarine Packet 1% Milk	10 – Chicken Caesar Wrap WG/Enriched Wrap Watermelon Slices Lettuce in Wrap Caesar Dressing Packet 1% Milk	11 - *USDA Shepherd Pie with Ground Beef Mashed Potatoes with Peas Steamed Carrots WW/Enriched Dinner Roll Margarine Packet 1% Milk
14 – Hamburger WW/Enriched Bun Roasted Potato Wedges Lettuce & Tomato Ketchup & Mustard Packet 1% Milk	15 – Turkey & Cheese Wrap Apple Sauce Cup Carrot Sticks Mayonnaise & Ranch Dressing Packet 1% Milk	16 - *USDA Sloppy Joe BBQ Turkey on WW/Enriched Bun Black Beans Corn 1% Milk	17 - *USDA Egg Salad WW/Enriched Bread or Bun Fresh Banana or Orange Pickle Slices 1% Milk	18- *USDA Beefaroni Ground Beef Tomato Sauce WG/Enriched Pasta Steamed Carrots & Peas 1% Milk
21 – Turkey Meatballs (3) in Gravy Brown Rice Steamed Green Beans Applesauce 1% Milk	22 – Beef Bologna & Cheese Sandwich Mixed Green Salad with Shredded Carrots & Tomato Cucumber Slices Mayonnaise or Mustard Packet Ranch Dressing Packets 1% Milk	23 - *BBQ Chicken Drumstick Black Beans Corn WG/Enriched Dinner Roll Margarine Packet 1% Milk	24 – Chicken Caesar Wrap WG/Enriched Wrap Watermelon Slices Lettuce in Wrap Caesar Dressing Packet 1% Milk	25 - *USDA Shepherd Pie with Ground Beef Mashed Potatoes with Peas Steamed Carrots WW/Enriched Dinner Roll Margarine Packet 1% Milk
28 – Hamburger WW/Enriched Bun Roasted Potato Wedges Lettuce & Tomato Ketchup & Mustard Packet 1% Milk	29 – Turkey & Cheese Wrap Apple Sauce Cup Carrot Sticks Mayonnaise & Ranch Dressing Packet 1% Milk	30 - *USDA Sloppy Joe BBQ Turkey on WW/Enriched Bun Black Beans Corn 1% Milk	1 - *USDA Egg Salad WW/Enriched Bread or Bun Fresh Banana or Orange Pickle Slices 1% Milk	2 - *USDA Beefaroni Ground Beef Tomato Sauce WG/Enriched Pasta Steamed Carrots & Peas 1% Milk



FLIPANY Menu June 2021

Daily Breakfast:

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Whole Grain Cereal Bowl Fresh Orange 1% Milk	WW/Enriched Bagel with Jelly Fresh Banana 1% Milk	Whole Grain Cereal Bowl Apple/Apple Slices 1% Milk	Whole Grain Cereal Bowl Fresh Banana 1% Milk	WW/Enriched Muffin 100% Fruit Juice (4-6oz) 1% Milk

Daily Snack:

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	1 WG Grahams Fresh Orange	2 WG/Enriched Muffin Watermelon Slices	3 WG Goldfish Crackers Fresh Apple	4 Granola Bar Fresh Banana
7 WG Tortilla Chips Fresh Banana	8 WG Goldfish Crackers Fresh Orange)	9 WG CheezIt Crackers Watermelon Slices	10 WG/Enriched Muffin Fresh Apple	11 WG Grahams Fresh Banana
14 WG CheezIt Crackers Fresh Banana	15 WG Grahams Fresh Orange	16 WG/Enriched Muffin Watermelon Slices	17 WG Goldfish Crackers Fresh Apple	18 Granola Bar Fresh Banana
21 WG Tortilla Chips Fresh Banana	22 WG Goldfish Crackers Fresh Orange)	23 WG CheezIt Crackers Watermelon Slices	24 WG/Enriched Muffin Fresh Apple	25 WG Grahams Fresh Banana
28 WG CheezIt Crackers Fresh Banana	29 WG Grahams Fresh Orange	30 WG/Enriched Muffin Watermelon Slices	1 WG Goldfish Crackers Fresh Apple	2 Granola Bar Fresh Banana