

Breakfast Menu
FLIPANY Summer Menu
June 2021

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 31 Cereal Fresh Fruit White Milk | 1 Muffin Fresh Fruit White Milk | 2 Granola Bar Fresh Fruit White Milk | 3 Bagel Fresh Fruit White Milk Jelly | 4 Cereal Fresh Fruit White Milk |
| 7 Cereal Fresh Fruit White Milk | 8 Muffin Fresh Fruit White Milk | 9 Yogurt & Granola Fresh Fruit White Milk | 10 Bagel Fresh Fruit White Milk Jelly | 11 Cereal Fresh Fruit White Milk |
| 14 Cereal Fresh Fruit White Milk | 15 Muffin Fresh Fruit White Milk | 16 Granola Bar Fresh Fruit White Milk | 17 Bagel Fresh Fruit White Milk Jelly | 18 Cereal Fresh Fruit White Milk |
| 21 Cereal Fresh Fruit White Milk | 22 Muffin Fresh Fruit White Milk | 23 Yogurt & Granola Fresh Fruit White Milk | 24 Bagel Fresh Fruit White Milk Jelly | 25 Cereal Fresh Fruit White Milk |
| 28 Cereal Fresh Fruit White Milk | 29 Muffin Fresh Fruit White Milk | 30 Granola Bar Fresh Fruit White Milk | 1 Bagel Fresh Fruit White Milk Jelly | 2 Cereal Fresh Fruit White Milk |

Hot Lunch Menu
FLIPANY Summer Menu
June 2021



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 31 3- Meatball on a WG Sub Bun Mixed Vegetables & Carrots 100% Fruit Juice 1% Milk | 1 WG Chicken Nuggets WG Yellow Rice Corn & Baked Beans 100% Fruit Juice 1% Milk | 2 WG Mac & Cheese Carrots & Green Beans 100% Fruit Juice 1% Milk | 3 Chicken WG Tortilla WG Yellow Rice Corn & Black Beans 100% Fruit Juice 1% Milk | 4 WG Chicken Alfredo Pasta Carrots & Green Beans 100% Fruit Juice 1% Milk |
| 7 WG Chicken Nuggets WG Fried Rice Mixed Vegetables & Carrots 100% Fruit Juice 1% Milk | 8 Hamburger on a WG Bun Corn & Mashed Potatoes 100% Fruit Juice 1% Milk | 9 WG Chicken Alfredo Pasta Carrots & Green Beans 100% Fruit Juice 1% Milk | 10 BBQ Chicken WG Yellow Rice Corn & Black Beans 100% Fruit Juice 1% Milk | 11 WG Baked Ziti w/Meat Sauce Carrots & Green Beans 100% Fruit Juice 1% Milk |
| 14 3- Meatball w/ Gravy WG White Rice Mixed Vegetables & Carrots 100% Fruit Juice 1% Milk | 15 Fajita Chicken WG Pigeon Peas & Rice Corn & Carrots 100% Fruit Juice 1% Milk | 16 WG Baked Ziti w/Meat Sauce Carrots & Green Beans 100% Fruit Juice 1% Milk | 17 BBQ Beef WG Dinner Roll Mashed Potatoes & Green Beans 100% Fruit Juice 1% Milk | 18 WG Beef a Roni Carrots & Green Beans 100% Fruit Juice 1% Milk |
| 21 WG Chicken Parmesan Mixed Vegetables & Carrots 100% Fruit Juice 1% Milk | 22 Teriyaki Chicken WG Fried Rice w/Oriental Veg Corn & Carrots 100% Fruit Juice 1% Milk | 23 WG Beef a Roni Carrots & Green Beans 100% Fruit Juice 1% Milk | 24 Beef & Bean Chili WG Rice Green Peas & Carrots 100% Fruit Juice 1% Milk | 25 WG Mac & Cheese Carrots & Green Beans 100% Fruit Juice 1% Milk |
| 28 3- Meatball on a WG Sub Bun Mixed Vegetables & Carrots 100% Fruit Juice 1% Milk | 29 WG Chicken Nuggets WG Yellow Rice Corn & Baked Beans 100% Fruit Juice 1% Milk | 30 WG Mac & Cheese Carrots & Green Beans 100% Fruit Juice 1% Milk | 1 Chicken WG Tortilla WG Yellow Rice Corn & Black Beans 100% Fruit Juice 1% Milk | THE CHILDREN'S TRUST |

Cold Lunch Menu
FLIPANY Summer Menu
June 2021

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| | 1 Chicken Patty on Bun Fresh Fruit 100% Fruit Juice 1% Milk | 2 Turkey-Bologna & Cheese Sandwich Apple Slices 100% Fruit Juice 1% Milk | 3 Turkey-Ham & Cheese Medianoche Fruit Cocktail Cup 100% Fruit Juice 1% Milk | 4 Chicken Salad Sandwich Carrot Sticks 100% Fruit Juice 1% Milk |
| 7 Turkey & Cheese Sandwich Peaches Fruit Cup 100% Fruit Juice 1% Milk | 8 Chicken Patty on Bun Fresh Fruit 100% Fruit Juice 1% Milk | 9 Turkey-Bologna & Cheese Sandwich Apple Slices 100% Fruit Juice 1% Milk | 10 Turkey-Ham & Cheese Medianoche Fruit Cocktail Cup 100% Fruit Juice 1% Milk | 11 Fajita Chicken Wrap Apple Carrot Sticks 1% Milk |
| 14 Turkey & Cheese Sandwich Peaches Fruit Cup 100% Fruit Juice 1% Milk | 15 Chicken Patty on Bun Fresh Fruit 100% Fruit Juice 1% Milk | 16 Turkey-Bologna & Cheese Sandwich Apple Slices 100% Fruit Juice 1% Milk | 17 Turkey-Ham & Cheese Medianoche Fruit Cocktail Cup 100% Fruit Juice 1% Milk | 18 Chicken Salad Sandwich Carrot Sticks 100% Fruit Juice 1% Milk |
| 21 Turkey & Cheese Sandwich Peaches Fruit Cup 100% Fruit Juice 1% Milk | 22 Chicken Patty on Bun Fresh Fruit 100% Fruit Juice 1% Milk | 23 Turkey-Bologna & Cheese Sandwich Apple Slices 100% Fruit Juice 1% Milk | 24 Turkey-Ham & Cheese Medianoche Fruit Cocktail Cup 100% Fruit Juice 1% Milk | 25 Fajita Chicken Wrap Apple Carrot Sticks 1% Milk |
| 28 Turkey & Cheese Sandwich Peaches Fruit Cup 100% Fruit Juice 1% Milk | 29 Chicken Patty on Bun Fresh Fruit 100% Fruit Juice 1% Milk | 30 Turkey-Bologna & Cheese Sandwich Apple Slices 100% Fruit Juice 1% Milk | 1 Turkey-Ham & Cheese Medianoche Fruit Cocktail Cup 100% Fruit Juice 1% Milk | 2 Chicken Salad Sandwich Carrot Sticks 100% Fruit Juice 1% Milk |

Snack Menu
FLIPANY Summer Menu
June 2021

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|-------------------------------------|---|
| 31 Piece of Fruit Cheese Stick | 1 100% Fruit Juice Tortilla Chips | 2 Piece of Fruit Animal Crackers | 3 100% Fruit Juice Muffin | 4 Carrot Sticks Graham Crackers |
| 7 Piece of Fruit Pretzels | 8 100% Fruit Juice Cheese Crackers | 9 Piece of Fruit Yogurt | 10 100% Fruit Juice Muffin | 11 Piece of Fruit Sport Bites |
| 14 Piece of Fruit Tortilla Chips | 15 100% Fruit Juice Animal Crackers | 16 Piece of Fruit Cheese Crackers | 17 100% Fruit Juice Muffin | 18 Carrot Sticks Sugar Cookie |
| 21 Piece of Fruit Cheese Stick | 22 100% Fruit Juice Tortilla Chips | 23 Piece of Fruit Animal Crackers | 24 100% Fruit Juice Muffin | 25 Carrot Sticks Graham Crackers |
| 28 Piece of Fruit Pretzels | 29 100% Fruit Juice Cheese Crackers | 30 Piece of Fruit Yogurt | 1 100% Fruit Juice Muffin | 2 Carrot Sticks Oatmeal Cookie |