



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 – Turkey Meatballs (3) in Gravy Brown Rice Steamed Green Beans Applesauce 1% Milk	3– Beef Bologna & Cheese WW/Enriched Bread or Bun Mixed Green Salad with Shredded Carrots & Tomato Cucumber Slices Mayonnaise or Mustard Packet Ranch Dressing Packets 1% Milk	4 - *BBQ Chicken Drumstick Black Beans Corn WG/Enriched Buttered Dinner Roll Margarine Packet 1% Milk	5-W/WEnriched Bread or Bun Fresh Fruit Lettuce Mayonnaise Packet 1% Milk	6 - *USDA Shepherd Pie with Ground Beef Mashed Potatoes with Peas Steamed Carrots WW/Enriched Buttered Dinner Roll 1% Milk
		<b>Last Day of Summer Meal Service: Palm Beach County, Friday, 8/6/21</b>		

**Fruit/Vegetable Daily Servings to equal ¾ cup.**



**Breakfast & Snack**

**FLIPANY Menu - August 2021**

**\*Daily Breakfast**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Whole Grain Cereal Fresh Fruit or 100% Fruit Juice (4-6oz) 1% Milk	WW/Enriched Bagel with Jelly Fresh Fruit or 100% Fruit Juice (4-6oz) 1% Milk	Whole Grain Cereal Apple/Apple Slices 1% Milk	Whole Grain Cereal Fresh Fruit or 100% Fruit Juice (4-6oz) 1% Milk	WW/Enriched Muffin Fresh Fruit or 100% Fruit Juice (4-6oz) 1% Milk

**\*Daily Snack**

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
2 WG Tortilla Chips Fresh Fruit (3/4c)	3 WG Goldfish Crackers Fresh Fruit (3/4c)	4 WG CheezIt Crackers Watermelon Slices (3/4c)	5 WG/Enriched Muffin Fresh Fruit (3/4c)	6 WG Grahams Fresh Fruit (3/4c)
		<b>Last Day of Summer Meal Service: Palm Beach County, Friday, 8/6/21</b>		

\*A variety of fresh fruit to be served throughout each week.