

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		12/1-*Turkey (2oz) & Cheese (.5oz) in *Macaroni Salad Mixed Green Salad with Shredded Carrots (1c) LF Italian Dressing Peaches (1/4c) WG Macaroni (1/2c in 3/4c serving) 1% Milk (8oz)	12/2-Taco Seasoned Chicken (2oz) Shredded Cheese (.5oz) *Salsa, Tomato, Scallions in Lime Dressing (1/2c) Applesauce (1/4c) WG Tortilla (28g) 1% Milk (8oz)	12/3-*Turkey & Cheese (3oz) on WG Rich Sandwich Bread Mayonnaise & Mustard Packet *Potato Salad (2/3c) Fruit Cocktail (1/4c) WG Rich Bread (1 slice, 28g) 1% Milk or Fat Free Flavored Milk (8oz)
12/6-*Egg Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) LF Ranch Dressing Peaches (1/4c) WG Crackers (22g) 1% Milk(8oz)	12/7-Buffalo Seasoned Chicken (2oz) Shredded Cheese (.5oz) *Creamy Coleslaw(1/2c) Pineapple (1/4c) WG Tortilla (28g) 1% Milk (8oz)	12/8-*Tuna Salad (3oz) Cherry or Grape Tomatoes (1/4c) Cucumber (1/4c) LF Ranch Dressing Pears (1/4c) WG Crackers (22g) 1% Milk (8oz)	12/9-Chicken (2oz) & Cheese (.5oz) in *Macaroni Salad Mixed Green Salad with Shredded Carrots (1c) LF Italian Dressing Mandarins (1/4c) WG Macaroni (1/2c in 3/4c serving) 1% Milk (8oz)	12/10-*Beef Bologna & Cheese (3oz) on WG Rich Sandwich Bread Mayonnaise & Mustard Packet *Potato Salad (2/3c) Fruit Cocktail (1/4c) WG Rich Bread (1 slice, 28g) 1% Milk or Fat Free Flavored Milk (8oz)
12/13-*Chicken Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) LF Ranch Dressing Mandarins (1/4c) WG Crackers (22g) 1% Milk (8oz)	12/14-Taco Seasoned Chicken (2oz) Shredded Cheese (.5oz) *Salsa, Tomato, Scallions in Lime Dressing (1/2c) Pineapple (1/4c) WG Tortilla (28g) 1% Milk (8oz)	12/15-Tuna (2oz) & Cheese (.5oz) in *Macaroni Salad Cherry or Grape Tomatoes (1/4c) Cucumber (1/4c) LF Ranch Dressing Peaches (1/4c) WG Macaroni (1/2c in 3/4c serving) 1% Milk (8oz)	12/16-*Beef Salami (2oz) Cheese (1oz) Mayonnaise & Mustard Packet Mixed Green Salad with Shredded Carrots (1c) LF Italian Dressing Pears (1/4c) WG Roll (28g) 1% Milk	12/17-*Beef Bologna & Cheese (3oz) on WG Rich Sandwich Bread Mayonnaise & Mustard Packet *Potato Salad (2/3c) Fruit Cocktail (1/4c) WG Rich Bread (1 slice, 28g) 1% Milk or Fat Free Flavored Milk (8oz)
12/20-*Tuna Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) LF Ranch Dressing Pears (1/4c) WG Crackers (22g) 1% White Milk (8oz)	12/21-BBQ Seasoned Chicken (2oz) Shredded Cheese (.5oz) *Creamy Coleslaw(1/2c) Mandarins (1/4c) WG Tortilla (28g) 1% White Milk (8oz)	12/22-*Turkey (2oz) & Cheese (.5oz) in *Macaroni Salad Mixed Green Salad with Shredded Carrots (1c) LF Italian Dressing Peaches (1/4c) WG Macaroni (1/2c in 3/4c serving) 1% Milk (8oz)	12/23-Taco Seasoned Chicken (2oz) Shredded Cheese (.5oz) *Salsa, Tomato, Scallions in Lime Dressing (1/2c) Applesauce (1/4c) WG Tortilla (28g) 1% Milk (8oz)	12/24-*Turkey & Cheese (3oz) on WG Rich Sandwich Bread Mayonnaise & Mustard Packet *Potato Salad (2/3c) Fruit Cocktail (1/4c) WG Rich Bread (1 slice, 28g) 1% Milk or Fat Free Flavored Milk (8oz)
12/27-*Egg Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) LF Ranch Dressing Peaches (1/4c) WG Crackers (22g) 1% Milk(8oz)	12/28-Buffalo Seasoned Chicken (2oz) Shredded Cheese (.5oz) *Creamy Coleslaw(1/2c) Pineapple (1/4c) WG Tortilla (28g) 1% Milk (8oz)	12/29-*Tuna Salad (3oz) Cherry or Grape Tomatoes (1/4c) Cucumber (1/4c) LF Ranch Dressing Pears (1/4c) WG Crackers (22g) 1% Milk (8oz)	12/30-Chicken (2oz) & Cheese (.5oz) in *Macaroni Salad Mixed Green Salad with Shredded Carrots (1c) LF Italian Dressing Mandarins (1/4c) WG Macaroni (1/2c in 3/4c serving) 1% Milk (8oz)	12/31-*Beef Bologna & Cheese (3oz) on WG Rich Sandwich Bread Mayonnaise & Mustard Packet *Potato Salad (2/3c) Fruit Cocktail (1/4c) WG Rich Bread (1 slice, 28g) 1% Milk or Fat Free Flavored Milk (8oz)