



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<u>3/1</u> Sunflower Butter (2tbs) Fruit Jelly (.5oz) WW Potato Roll (2oz)	<u>3/2</u> Cheese Stick OR Cheese Slices (1oz) WG Fruit Muffin (2oz)	<u>3/3</u> Fresh Fruit (3/4c) WG Cheddar Cheezitz OR WG Crackers (1oz)	<u>3/4</u> 100% Juice (6oz) OR Cheese Stick OR Cheese Slices (1oz) WG Animal Crackers (1oz)	
	<u>3/7</u> 100% Juice (6oz) OR Fresh Fruit (3/4c) WG Cheddar Goldfish OR WG Pretzels OR WG Crackers (.75oz pkg = 1oz)	<u>3/8</u> Sunflower Butter (2tbs) Fruit Jelly (.5oz) WW Potato Roll (2oz)	<u>3/9</u> Cheese Stick OR Cheese Slices (1oz) WG Fruit Muffin (2oz)	<u>3/10</u> Fresh Fruit (3/4c) WG Pretzels (.75oz pkg = 1oz) OR WG Crackers (1oz)	<u>3/11</u> 100% Juice (6oz) OR Cheese Stick OR Cheese Slices (1oz) WG Animal Crackers (1oz)
	<u>3/14</u> 100% Juice (6oz) OR Fresh Fruit (3/4c) WG Honey Grahams (1oz)	<u>3/15</u> Sunflower Butter (2tbs) Fruit Jelly (.5oz) WG Brioche Roll (2oz)	<u>3/16</u> Cheese Stick OR Cheese Slices (1oz) WG Fruit Muffin (2oz)	<u>3/17</u> Fresh Fruit (3/4c) WG Cheez Itz Crackers OR WG Crackers (1oz)	<u>3/18</u> 100% Juice (6oz) OR Cheese Stick OR Cheese Slices (1oz) WG Assorted Crackers 1oz
	<u>3/21</u> 100% Juice (6oz) OR Fresh Fruit (3/4c) WG Cheddar Goldfish OR WG Pretzels OR WG Crackers (.75oz pkg = 1oz)	<u>3/22</u> Sunflower Butter (2tbs) Fruit Jelly (.5oz) WW Brioche Roll (2oz)	<u>3/23</u> Cheese Stick OR Cheese Slices (1oz) WG Fruit Muffin (2oz)	<u>3/24</u> Fresh Fruit (3/4c) WG Pretzels (.75oz pkg = 1oz) OR WG Crackers (1oz)	<u>3/25</u> 100% Juice (6oz) OR Cheese Stick OR Cheese Slices (1oz) WG Honey Grahams (1oz)
	<u>3/28</u> 100% Juice (6oz) OR Fresh Fruit (3/4c) WG Cheddar Goldfish OR WG Pretzels OR WG Crackers (.75oz pkg = 1oz)	<u>3/29</u> Sunflower Butter (2tbs) Fruit Jelly (.5oz) WW Potato Roll (2oz)	<u>3/30</u> Cheese Stick OR Cheese Slices (1oz) WG Fruit Muffin (2oz)	<u>3/31</u> Fresh Fruit (3/4c) WG Cheddar Cheezitz OR WG Crackers (1oz)	<u>4/1</u> 100% Juice (6oz) OR Cheese Stick OR Cheese Slices (1oz) WG Animal Crackers (1oz)