



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3/28 Yogurt (4oz) WG Graham Crackers (1oz)	3/29 Cheese Slice (1oz) 100% WW Tortilla	3/30 Sliced Turkey (1.5oz) 100% Fruit Juice (3/4c) WG Assorted Crackers (1oz)	3/31 Milk (8oz) WG Animal Crackers (1oz) OR WG Fruit Muffin (2oz)	4/1 Cheese Stick (1oz) Fresh Orange Slices OR Fresh Whole Fruit (3/4c)
4/4 Milk (8oz) Sliced Turkey (1.5oz) WG Crackers (1oz)	4/5 Cheese Slice (1oz) 100% WG Bread (slice)	4/6 Milk (8oz) Fresh Orange Wedges OR Fresh Whole Fruit (3/4c)	4/7 Fresh Apple Slices OR Fresh Whole Fruit (3/4c) WG Cheese Crackers (1oz)	4/8 Yogurt Dip (2oz vanilla yogurt with drained peaches) OR Yogurt (4oz) WG Graham Crackers OR WG Crackers (1oz)
4/11 Sliced Turkey (1.5oz) 100% Fruit Juice (3/4c) WG Saltine Crackers (1oz)	4/12 Fresh Apple Slices OR Fresh Whole Fruit (3/4c) WG Cheese Crackers (1oz)	4/13 Milk (8oz) WG Animal Crackers (1oz) OR WG Fruit Muffin (2oz)	4/14 Cheese Stick (1oz) Applesauce OR Fresh Whole Fruit (3/4c)	4/15 Yogurt (4oz) WG Graham Crackers (1oz)
4/18 Yogurt (4oz) Fruit Cocktail OR Fresh Whole Fruit (3/4c)	4/19 Milk (8oz) WG Fruit Muffin (2oz)	4/20 Peaches OR Fresh Whole Fruit (3/4c) WG Cheese Crackers (1oz)	4/21 Sliced Turkey (1.5oz) 100% WG Bread (slice) Mayo & Mustard	4/22 Fresh Orange Wedges OR Fresh Whole Fruit (3/4c) WG Animal Crackers (1oz) OR WG Fruit Muffin (2oz)
4/25 Milk (8oz) WG Cuban Crackers (1oz)	4/26 100% Fruit Juice (3/4c) WG Corn Muffin (1oz)	4/27 Soynut Butter (2tbls) OR Cheese Stick (1oz) Fresh Apple Slices OR Fresh Whole Fruit (3/4c)	4/28 Yogurt (4oz) WG Graham Crackers (1oz)	4/29 Applesauce OR Fresh Whole Fruit (3/4c) WG Crackers (1oz)