



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/28 Milk (8oz) Sliced Turkey (1.5oz) WG Crackers (1oz)	3/1 Cheese Slice (1oz) 100% WG Bread (slice)	3/2 Milk (8oz) Fresh Orange Wedges OR Fresh Whole Fruit (3/4c)	3/3 Fresh Apple Slices OR Fresh Whole Fruit (3/4c) WG Cheese Crackers (1oz)	3/4 Yogurt Dip (2oz vanilla yogurt with drained peaches) OR Yogurt (4oz) WG Graham Crackers (1oz)
3/7 Sliced Turkey (1.5oz) 100% Fruit Juice (3/4c) WG Saltine Crackers (1oz)	3/8 Fresh Apple Slices OR Fresh Whole Fruit (3/4c) WG Cheese Crackers (1oz)	3/9 Milk (8oz) WG Animal Crackers (1oz) OR WG Fruit Muffin (2oz)	3/10 Cheese Stick (1oz) Applesauce OR Fresh Whole Fruit (3/4c)	3/11 Yogurt (4oz) WG Graham Crackers (1oz)
3/14 Yogurt (4oz) Fruit Cocktail OR Fresh Whole Fruit (3/4c)	3/15 Milk (8oz) WG Fruit Muffin (2oz)	3/16 Peaches OR Fresh Whole Fruit (3/4c) WG Cheese Crackers (1oz)	3/17 Sliced Turkey (1.5oz) 100% WG Bread (slice) Mayo & Mustard	3/18 Fresh Orange Wedges OR Fresh Whole Fruit (3/4c) WG Animal Crackers (1oz) OR WG Fruit Muffin (2oz)
3/21 Milk (8oz) WG Cuban Crackers (1oz)	3/22 100% Fruit Juice (3/4c) WG Corn Muffin (1oz)	3/23 Soynut Butter (2tbs) OR Cheese Stick (1oz) Fresh Apple Slices OR Fresh Whole Fruit (3/4c)	3/24 Yogurt (4oz) WG Graham Crackers (1oz)	3/25 Applesauce OR Fresh Whole Fruit (3/4c) WG Crackers (1oz)
3/28 Yogurt (4oz) WG Graham Crackers (1oz)	3/29 Cheese Slice (1oz) 100% WW Tortilla	3/30 Sliced Turkey (1.5oz) 100% Fruit Juice (3/4c) WG Assorted Crackers (1oz)	3/31 Milk (8oz) WG Animal Crackers (1oz) OR WG Fruit Muffin (2oz)	4/1 Cheese Stick (1oz) Fresh Orange Slices OR Fresh Whole Fruit (3/4c)