



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>5/2-*</b> Meatballs (3x1oz) Mixed Vegetables (1/2c) Fresh Fruit (1/4c) WG Brown Rice (1/2c) 1% Milk (8oz)	<b>5/3-*</b> Chicken Leg (2oz) Carrots (1/2c) Fresh Fruit (1/4c) WG Brown Rice (1/2c) 1% Milk (8oz)	<b>5/4-*</b> Baked Ziti Pasta Ground beef or turkey (2oz) Cheese in recipe (.5oz) Green Beans (1/2c) Fresh Fruit (no apples) (1/4c) WG Pasta in recipe (1/2c) 1% Milk (8oz)	<b>5/5-*</b> Salisbury Steak (2oz) Mashed Potatoes (1/2c) Fresh Fruit (1/4c) WG Soft Roll (25g) 1% Milk (8oz)	<b>5/6-*</b> Beef & Bean Burrito (2oz) Carrot Sticks (1/2c) LF Ranch Dressing Fresh Fruit (no apples) (1/4c) WG Tortilla (28g) 1% Milk (8oz)
<b>5/9-*</b> Chicken Patty (2oz) Mixed Vegetables (1/2c) Fresh Fruit (1/4c) WW Bun (25g) 1% Milk (8oz)	<b>5/10-*</b> Teriyaki Chicken (2oz) Corn (1/2c) Fresh Fruit (1/4c) WG Brown Fried Rice (1/2c) 1% Milk (8oz)	<b>5/11-*</b> Chicken Alfredo Pasta Chicken in recipe (2oz) Green Beans (1/2c) Fresh Fruit (no apples) (1/4c) WG Pasta in recipe (1/2c) 1% Milk (8oz)	<b>5/12-*</b> Beef & Bean Chili Beef & Beans in recipe (2oz) Green Peas (1/2c) Fresh Fruit (1/4c) WG Soft Roll (25g) 1% Milk (8oz)	<b>5/13-*</b> Beefaroni Beef in recipe (1.5oz) Cheese in recipe (.5oz) Carrot Sticks (1/2c) LF Ranch Dressing Fresh Fruit (no apples) (1/4c) WG Pasta in recipe (1/2c) 1% Milk (8oz)
<b>5/16-*</b> Meatballs (3x1oz) Mixed Vegetables (1/2c) Fresh Fruit (1/4c) WW Bun (25g) 1% Milk (8oz)	<b>5/17-*</b> Chicken Nuggets (2oz) Ketchup Baked Beans (1/2c) Fresh Fruit (1/4c) WG Brown Rice (1/2c) 1% Milk (8oz)	<b>5/18-*</b> Beefaroni Beef in recipe(1.5oz) Cheese in recipe (.5oz) Green Beans (1/2c) Fresh Fruit (no apples) (1/4c) WG Pasta in recipe (1/2c) 1% Milk (8oz)	<b>5/19-*</b> Fajita Chicken (2oz) Corn (1/2) Fresh Fruit (1/4c) WG Tortilla (28g) 1% Milk (8oz)	<b>5/20-*</b> BBQ Beef (2oz) Carrot Sticks (1/2c) LF Ranch Dressing Fresh Fruit (no apples) (1/4c) WW Bun (25g) 1% Milk (8oz)
<b>5/23-*</b> Chicken Nuggets (2oz) Ketchup Mixed Vegetables (1/2c) Fresh Fruit (1/4c) WG Brown Rice(1/2c) 1% Milk (8oz)	<b>5/24-*</b> Hamburger (2oz) Ketchup or Mustard Mashed Potatoes (1/2c) Fresh Fruit (1/4c) WW Bun (25g) 1% Milk (8oz)	<b>5/25-*</b> Macaroni & Cheese Cheese in recipe (2oz) Green Beans (1/2c) Fresh Fruit (no apples) (1/4c) WG Pasta in recipe (1/2c) 1% Milk (8oz)	<b>5/26-*</b> BBQ Chicken (2oz) Corn (1/2c) Fresh Fruit (1/4c) WG Brown Rice (1/2c) 1% Milk (8oz)	<b>5/27-*</b> Baked Ziti Pasta Ground beef or turkey (2oz) Cheese in recipe (.5oz) Carrot Sticks (1/2c) LF Ranch Dressing Fresh Fruit (no apples) (1/4c) WG Pasta in recipe (1/2c) 1% Milk (8oz)
<b>5/30-*</b> Meatballs (3x1oz) Mixed Vegetables (1/2c) Fresh Fruit (1/4c) WG Brown Rice (1/2c) 1% Milk (8oz)	<b>5/31-*</b> Chicken Leg (2oz) Carrots (1/2c) Fresh Fruit (1/4c) WG Brown Rice (1/2c) 1% Milk (8oz)	<b>6/1-*</b> Baked Ziti Pasta Ground beef or turkey (2oz) Cheese in recipe (.5oz) Green Beans (1/2c) Fresh Fruit (no apples) (1/4c) WG Pasta in recipe (1/2c) 1% Milk (8oz)	<b>6/2-*</b> Salisbury Steak (2oz) Mashed Potatoes (1/2c) Fresh Fruit (1/4c) WG Soft Roll (25g) 1% Milk (8oz)	<b>6/3-*</b> Beef & Bean Burrito (2oz) Carrot Sticks (1/2c) LF Ranch Dressing Fresh Fruit (no apples) (1/4c) WG Tortilla (28g) 1% Milk (8oz)