EZ Meals

AFTERSCHOOL MEALS HOT SUPPER

APRIL MENU

Milk: Ages 2-5 serve 1%/0% Unflavored
Ages 6-18 serve 1%/0% Unflavored or Flavored

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE CHILDREN'S TRUST	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	1-Hamburger (3oz) Ketchup/Mustard (1) Lettuce Tomato Salad (1c) Pears (1/4c) WGR Bun (1) Milk (8oz)	2-Pasta with Meat Sauce (3/4c) Baby Carrots (1/2c) Mandarins (1/4c) WGR Bread or Roll (1) Milk (8oz)	3-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard (1) Black Bean Salad (1/2c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
6-Meat Lasagna (3/4c) Mixed Green Salad (1c) Salad Dressing (1) Fresh Fruit (1) WGR Pasta in Entree (1/2c) Milk (8oz)	7-Chicken Nuggets (6) Mixed Vegetables (1/2c) Mixed Fruit (1/4c) WGR Macaroni & Cheese (1/2c) Milk (8oz)	8-BBQ Pulled Chicken (3oz) Peas (1/2c) Pears (1/4c) WGR Rice (1/2c) Milk (8oz)	9-Chicken Patty (3oz) Mayonnaise (1) Coleslaw (1/2c) Mandarins (1/4c) WGR Bun (1) Milk (8oz)	10-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Potato Salad (2/3c) Applesauce (1/4c) WGR Bread or Bun (1) Milk (8oz)
13-Chicken Nuggets (6) Carrots (1/2c) Fresh Fruit (1) WGR Rice (1/2c) Milk (8oz)	14-Picadillo (3oz) Black Beans (1/2c) Mixed Fruit (1/4c) WGR Rice (1/2c) Milk (8oz)	15-Chicken Patty (3oz) Mayonnaise (1) Corn (1/2c) Pears (1/4c) WGR Bun (1) Milk (8oz)	16-Pasta with Meat Sauce (3/4c) Mixed Vegetables (1/2c) Mandarins (1/4c) WGR Pasta in Entree (1/2c) Milk (8oz)	17-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Baby Carrots (1/2c) Dip (1) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
20-Taco Seasoned Chicken (2oz) Lettuce/Tomato (1/2c) Congri (1/2c) Fresh Fruit (1) WGR Tortilla (1) Milk (8oz)	21-Chicken Alfredo (3/4c) Mixed Green Salad (1c) Dressing (1) Mixed Fruit (1/4c) WGR Roll or Bread (1) WGR Pasta in entree (1/2c) Milk (8oz)	22-Cheeseburger (3oz) Ketchup/Mustard (1) Corn (1/2c) Pears (1/4c) WGR Bun (1) Milk (8oz)	23-Chicken Strips (2oz) Red Beans (1/2c) Mandarins (1/4c) Rice (1/2c) Milk (8oz)	24-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Potato Salad (2/3c) Applesauce (1/4c) WGR Bread or Bun (1) Milk (8oz)
27-Salisbury Steak (3oz) Green Beans (1/2c) Fresh Fruit (1) WGR Rice (1/2c) Milk (8oz)	28-Grilled Chicken (2oz) Mashed Potato (1/2c) Corn (1/4c) WGR Roll (1) Milk (8oz	29-Hamburger (3oz) Ketchup/Mustard (1) Lettuce Tomato Salad (1c) Pears (1/4c) WGR Bun (1) Milk (8oz)	30-Pasta with Meat Sauce (3/4c) Baby Carrots (1/2c) Mandarins (1/4c) WGR Bread or Roll (1) Milk (8oz)	May 1-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard (1) Black Bean Salad (1/2c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)

EZ Meals

AFTERSCHOOL MEALS SNACK
APRIL MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE CHILDREN'S TRUST	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	1-100% Juice (3/4c) WGR Muffin (2oz)	2-Fresh Fruit (1) WGR Pretzels (.8oz)	3-100% Juice (3/4c) WGR Animal Crackers (1oz)
6-100% Juice (3/4c) WGR Graham Crackers (1oz)	7-Cheese Stick (1oz) WGR Pretzels (.8oz)	8-100% Juice (3/4c) WGR Muffin (2oz)	9-Fresh Fruit (1) WGR Cheese Crackers (1oz)	10-100% Juice (3/4c) WGR Tortilla Chips (1oz)
13-100% Juice (3/4c) WGR Cheddar Goldfish (.75oz)	14-Cheese Stick (1oz) WGR Corn Chips (1oz)	15-100% Juice (3/4c) WGR Muffin (2oz)	16-Fresh Fruit (1) WGR Pretzels (.8oz)	17-100% Juice (3/4c) WGR Graham Crackers (1oz)
20-100% Juice (3/4c) WGR Cheddar Goldfish (.75oz)	21-Cheese Stick (1oz) WGR Pretzels (.8oz)	22-100% Juice (3/4c) WGR Muffin (2oz)	23-Fresh Fruit (1) WGR Cheese Crackers (1oz	24-100% Juice (3/4c) WGR Animal Crackers (1oz)
27-100% Juice (3/4c) WGR Cheddar Goldfish (.75oz)	28-Cheese Stick (1oz) WGR Corn Chips (1oz)	29-100% Juice (3/4c) WGR Muffin (2oz)	30-Fresh Fruit (1) WGR Pretzels (.8oz)	May 1-100% Juice (3/4c) WGR Animal Crackers (1oz)

EZ Meals

AFTERSCHOOL MEALS COLD SUPPER
APRIL MENU

Milk: Ages 2-5 serve 1%/0% Unflavored
Ages 6-18 serve 1%/0% Unflavored or Flavored

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE CHILDREN'S TRUST	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES	1- Ham & Cheese (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	2-Grilled Chicken (2oz) *In pasta salad* Cucumber (1/2c) Dressing/Dip Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	3-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard (1) Black Bean Salad (1/2c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
6-Sliced Turkey (2oz) Cheese Stick (1oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing /Dip (1) Pineapple (1/4c) WGR Roll (1) Milk (8oz)	7-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) Coleslaw (1/2c) Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	8-Chicken Salad (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	9-Turkey & Cheese (2.5oz) *In pasta salad* Cucumber (1/2c) Dressing/Dip (1) Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	10-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Potato Salad (2/3c) Applesauce(1/4c) WGR Bread or Bun (1) Milk (8oz)
13-Chicken Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing /Dip (1) Pineapple (1/4c) WGR Roll (1) Milk (8oz)	14-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) Coleslaw (1/2c) Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	15-Turkey & Cheese (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	16-Grilled Chicken (2oz) *In pasta salad* Cucumber (1/2c) Dressing/Dip Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	17-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Baby Carrots (1/2c) Dip (1) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
20-Tuna Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing/Dip Pineapple (1/4c) WGR Roll (1) Milk (8oz)	21-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) Coleslaw Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	22-Chicken Salad (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	23-Turkey & Cheese (2.5oz) *In pasta salad* Cucumber (1/2c) Dressing/Dip (1) Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	24-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Potato Salad (2/3c) Applesauce (1/4c) WGR Bread or Bun (1) Milk (8oz)
27-Egg Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing /Dip (1) Pineapple (1/4c) WGR Roll (1) Milk (8oz)	28-Turkey & Cheese (3oz) Mayonnaise & Mustard Packet (1) Coleslaw (1/2c) Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	29- Ham & Cheese (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	30-Grilled Chicken (2oz) *In pasta salad* Cucumber (1/2c) Dressing/Dip Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	May 1-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard (1) Black Bean Salad (1/2c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)