


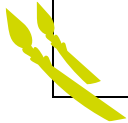
EZ Meals
AFTERSCHOOL MEALS HOT SUPPER
MAY-JUNE MENU



Milk: Ages 2-5 serve 1%/0% Unflavored


Ages 6-18 serve 1%/0% Unflavored or Flavored

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES			1-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard (1) Black Bean Salad (1/2c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
4-Meat Lasagna (3/4c) Mixed Green Salad (1c) Salad Dressing (1) Fresh Fruit (1) WGR Pasta in Entree (1/2c) Milk (8oz)	5-Chicken Nuggets (6) Mixed Vegetables (1/2c) Mixed Fruit (1/4c) WGR Macaroni & Cheese (1/2c) Milk (8oz)	6-BBQ Pulled Chicken (3oz) Peas (1/2c) Pears (1/4c) WGR Rice (1/2c) Milk (8oz)	7-Chicken Patty (3oz) Mayonnaise (1) Coleslaw (1/2c) Mandarins (1/4c) WGR Bun (1) Milk (8oz)	8-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Potato Salad (2/3c) Applesauce (1/4c) WGR Bread or Bun (1) Milk (8oz)
11-Chicken Nuggets (6) Carrots (1/2c) Fresh Fruit (1) WGR Rice (1/2c) Milk (8oz)	12-Picadillo (3oz) Black Beans (1/2c) Mixed Fruit (1/4c) WGR Rice (1/2c) Milk (8oz)	13-Chicken Patty (3oz) Mayonnaise (1) Corn (1/2c) Pears (1/4c) WGR Bun (1) Milk (8oz)	14-Pasta with Meat Sauce (3/4c) Mixed Vegetables (1/2c) Mandarins (1/4c) WGR Pasta in Entree (1/2c) Milk (8oz)	15-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Baby Carrots (1/2c) Dip (1) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
18-Taco Seasoned Chicken (2oz) Lettuce/Tomato (1/2c) Congri (1/2c) Fresh Fruit (1) WGR Tortilla (1) Milk (8oz)	19-Chicken Alfredo (3/4c) Mixed Green Salad (1c) Dressing (1) Mixed Fruit (1/4c) WGR Roll or Bread (1) WGR Pasta in entree (1/2c) Milk (8oz)	20-Cheeseburger (3oz) Ketchup/Mustard (1) Corn (1/2c) Pears (1/4c) WGR Bun (1) Milk (8oz)	21-Chicken Strips (2oz) Red Beans (1/2c) Mandarins (1/4c) Rice (1/2c) Milk (8oz)	22-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Potato Salad (2/3c) Applesauce (1/4c) WGR Bread or Bun (1) Milk (8oz)
25-CLOSED	26-Grilled Chicken (2oz) Mashed Potato (1/2c) Corn (1/4c) WGR Roll (1) Milk (8oz)	27-Hamburger (3oz) Ketchup/Mustard (1) Lettuce Tomato Salad (1c) Pears (1/4c) WGR Bun (1) Milk (8oz)	28-Pasta with Meat Sauce (3/4c) Baby Carrots (1/2c) Mandarins (1/4c) WGR Bread or Roll (1) Milk (8oz)	29-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard (1) Black Bean Salad (1/2c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
June 1-Meat Lasagna (3/4c) Mixed Green Salad (1c) Salad Dressing (1) Fresh Fruit (1) WGR Pasta in Entree (1/2c) Milk (8oz)	June 2-Chicken Nuggets (6) Mixed Vegetables (1/2c) Mixed Fruit (1/4c) WGR Macaroni & Cheese (1/2c) Milk (8oz)	June 3-BBQ Pulled Chicken (3oz) Peas (1/2c) Pears (1/4c) WGR Rice (1/2c) Milk (8oz)	June 4-Chicken Patty (3oz) Mayonnaise (1) Coleslaw (1/2c) Mandarins (1/4c) WGR Bun (1) Milk (8oz) MIAMI-DADE LAST DAY OF SERVICE	



EZ Meals
AFTERSCHOOL MEALS SNACK
MAY-JUNE MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES			1-100% Juice (3/4c) WGR Animal Crackers (1oz)
4-100% Juice (3/4c) WGR Graham Crackers (1oz)	5-Cheese Stick (1oz) WGR Pretzels (.8oz)	6-100% Juice (3/4c) WGR Muffin (2oz)	7-Fresh Fruit (1) WGR Cheese Crackers (1oz)	8-100% Juice (3/4c) WGR Tortilla Chips (1oz)
11-100% Juice (3/4c) WGR Cheddar Goldfish (.75oz)	12-Cheese Stick (1oz) WGR Corn Chips (1oz)	13-100% Juice (3/4c) WGR Muffin (2oz)	14-Fresh Fruit (1) WGR Pretzels (.8oz)	15-100% Juice (3/4c) WGR Graham Crackers (1oz)
18-100% Juice (3/4c) WGR Cheddar Goldfish (.75oz)	19-Cheese Stick (1oz) WGR Pretzels (.8oz)	20-100% Juice (3/4c) WGR Muffin (2oz)	21-Fresh Fruit (1) WGR Cheese Crackers (1oz)	22-100% Juice (3/4c) WGR Animal Crackers (1oz)
25-CLOSED	26-Cheese Stick (1oz) WGR Corn Chips (1oz)	27-100% Juice (3/4c) WGR Muffin (2oz)	28-Fresh Fruit (1) WGR Pretzels (.8oz)	29-100% Juice (3/4c) WGR Animal Crackers (1oz)
June 1-100% Juice (3/4c) WGR Graham Crackers (1oz)	June 2-Cheese Stick (1oz) WGR Pretzels (.8oz)	June 3-100% Juice (3/4c) WGR Muffin (2oz)	June 4-Fresh Fruit (1) WGR Cheese Crackers (1oz) MIAMI-DADE LAST DAY OF SERVICE	

EZ Meals

AFTERSCHOOL MEALS COLD SUPPER

MAY-JUNE MENU



Milk: Ages 2-5 serve 1%/0%

Unflavored Ages 6-18 serve 1%/0% Unflavored or Flavored

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER ESTA INSTITUCION ES UN PROVEEDOR QUE OFRECE IGUALDAD DE OPORTUNIDADES			1-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard (1) Black Bean Salad (1/2c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
4-Sliced Turkey (2oz) Cheese Stick (1oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing /Dip (1) Pineapple (1/4c) WGR Roll (1) Milk (8oz)	5-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) Coleslaw (1/2c) Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	6-Chicken Salad (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	7-Turkey & Cheese (2.5oz) <i>In pasta salad</i> Cucumber (1/2c) Dressing/Dip (1) Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	8-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Potato Salad (2/3c) Applesauce(1/4c) WGR Bread or Bun (1) Milk (8oz)
11-Chicken Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing /Dip (1) Pineapple (1/4c) WGR Roll (1) Milk (8oz)	12-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) Coleslaw (1/2c) Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	13-Turkey & Cheese (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	14-Grilled Chicken (2oz) <i>In pasta salad</i> Cucumber (1/2c) Dressing/Dip Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	15-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Baby Carrots (1/2c) Dip (1) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
18-Tuna Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing/Dip Pineapple (1/4c) WGR Roll (1) Milk (8oz)	19-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) Coleslaw Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	20-Chicken Salad (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	21-Turkey & Cheese (2.5oz) <i>In pasta salad</i> Cucumber (1/2c) Dressing/Dip (1) Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	22-Ham & Cheese (3oz) Mayonnaise & Mustard (1) Potato Salad (2/3c) Applesauce (1/4c) WGR Bread or Bun (1) Milk (8oz)
25-CLOSED	26-Turkey & Cheese (3oz) Mayonnaise & Mustard Packet (1) Coleslaw (1/2c) Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	27- Ham & Cheese (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	28-Grilled Chicken (2oz) <i>In pasta salad</i> Cucumber (1/2c) Dressing/Dip Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	29-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard (1) Black Bean Salad (1/2c) Peaches (1/4c) WGR Bread or Bun (1) Milk (8oz)
June 1-Chicken Salad (3oz) Baby Carrots (1/4c) Cherry or Grape Tomatoes (1/4c) Dressing /Dip (1) Pineapple (1/4c) WGR Roll (1) Milk (8oz)	June 2-Beef Bologna & Cheese (3oz) Mayonnaise & Mustard Packet (1) Coleslaw (1/2c) Mixed Fruit (1/4c) WGR Bread (1) Milk (8oz)	June 3-Turkey & Cheese (3oz) Mixed Green Salad (1c) Salad Dressing (1) Pears (1/4c) WGR Roll (1) Milk (8oz)	June 4-Grilled Chicken (2oz) <i>In pasta salad</i> Cucumber (1/2c) Dressing/Dip Mandarins (1/4c) WGR Pasta Salad (3/4c) Milk (8oz)	

MIAMI-DADE LAST DAY OF SERVICE

